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Educational Background

- 2006 Ph.D. The University of Texas at Austin.
Dissertation Title: "Barbellism: Alan Calvert, the Milo Bar-Bell Company, and the Modernization of American Weightlifting." Advisor: Dr. Jan Todd.
Specialization areas: Exercise & Sport History.
- 1995 M.Ed. The University of Texas at Austin.
Specialization areas: Sports Management.
- 1992 Secondary School Teaching Certification (Grades 6-12).
Certification areas: Composite Sciences-Biology, Chemistry, Geology, Physics.
- 1990 B.A. The University of Texas at Austin.
Major: Biological Sciences. Minor: Chemistry.

Employment

- 2022 Assistant Director of H.J. Lutcher Stark Center for Physical Culture and Sports
- 2018-present Assistant Professor of Instruction, Department of Kinesiology and Health Education, The University of Texas at Austin. Courses taught: History of Sport and Physical Activity (KIN 349), Theory and Practice of Strength Coaching (KIN 363), Conditioning (KIN 119), Advanced Weight Training (KIN 226), and Weight Training (PED 106C).
- 2005-2018 Lecturer, Department of Kinesiology and Health Education, The University of Texas at Austin. Courses taught: History of Sport and Physical Activity (KIN 349), Theory and Practice of Strength Coaching (KIN 363), Conditioning (KIN 119), Advanced Weight Training (KIN 226), and Weight Training (PED 106C).
- 2005-present Program Coordinator for Weight Training program (16 sections) in the Department of Kinesiology and Health Education, The University of Texas at Austin. I maintain the program's curriculum; supervise 6-8 graduate student

teaching assistants, as well as, 20+ undergraduate teaching assistants each semester; and maintain and purchase equipment and course supplies.

- 2008, 2010, 2013 Project Firepower, (with Drs. Roger Farrar and Jan Todd). Remedial Strength Training for Austin Fire Department Academy applicants – a continuation of the earlier multi-year research project designed to enhance the strength of firefighter applicants (especially women) who needed to pass the Candidate’s Physical Ability Test. This research was funded by grants: (IRB Protocol #: 2006-03-0101), and #201301269 from Austin Fire Department and the City of Austin. I ran the training sessions, supervised 2-3 graduate student trainers, collected data, and designed the group workouts. I also purchased and maintained equipment and course supplies.
- 2002-2003 Adjunct Faculty, Huston-Tillotson College, Austin, TX. Courses taught: Health and Wellness, Aerobic Exercise
- 2000-2005 Graduate Teaching/Research Assistant at University of Texas at Austin. Courses taught: Weight Training.
- 2001, 2002, 2003, 2005, 2006 Graduate Research Assistant, Project Firepower, (with Drs. Roger Farrar and Jan Todd). Project Firepower was a multi-year research project designed to enhance the strength of firefighter applicants (especially women) who needed to pass the Candidate’s Physical Ability Test. This research was funded by grants: #8301000527, # S020087, # S020087 Amd. 1, S050177, S050177 Amd. 1, (IRB Protocol #: 2001-10-0040), (IRB Protocol #: 2006-03-0101), and #201301269 from Austin Fire Department and the City of Austin. I ran the training sessions, supervised 2-3 other graduate student trainers, collected data, and designed the group workouts. I also purchased and maintained equipment and course supplies.
- 1995-2000 Founder and First Intramural Sports Director, Austin Community College (ACC). I proposed the creation of an intramural sports program at ACC; planned and scheduled the events; developed marketing materials (both print and web-based); recruited other Kinesiology and Health Education faculty to support activities in their specialty area; recruited students from across all campuses (5); officiated events; repaired and purchased equipment; maintained inventory; and maintained onsite facilities.
- 1991-2017 Adjunct Faculty, Kinesiology Department, Austin Community College. I held a Multiple Semester Term Appointment (I was guaranteed a full retinue of classes as an adjunct faculty every semester) until I returned to graduate school in 2000. Courses taught: Weight Training (beginning and advanced sections), Volleyball/Basketball Officiating, and Outdoor Education

Service to Kinesiology and Health Education and other UT Programs

- 2020-2021 KHE Strategic Planning Committee for Undergraduates including the Sub-committee for Undergraduate Curriculum – The committees examined ways to improve our undergraduate students’ experiences and degree plans. I represented the Sport Management and Physical Culture and Sport Studies program areas.
- 2020, Spring Application of Independent Inquiry Flag for KIN 349 course.
- 2019-2021 Non-Tenure-Track Faculty Merit Report Evaluator for Service
- 2019, Summer PED Job Search Committee – martial arts position
- 2018, May 18 Represented KHE at College of Education Commencement
- 2018, Spring PED Job Search Committee – tennis position
- 2017-2019, (July of each year; canceled in 2020 - COVID) UT Powerlifting Club’s
2021-2022 High School Workshop/Seminar: I help the UT Longhorn Powerlifting Club coordinate with UT Division of Recreational Sports, organize event activities, and implement their workshop/seminar for high school students (and parents.) We discussed collegiate eligibility, equipment, rules of competition, lifting technique, etc. The students are provided lunch and taken on a tour of campus and The Stark Center as part of their stay.
- 2016-2020 – Faculty Mentor/Advisor, UT Longhorn Weightlifting Club – I advised the club coach on University procedures and opened the weightroom (STD 3.202) 1.5 hours, 1 day/week, so they could train.
- 2016-2021 – Applied Movement Science Committee (AMS) member
- 2015-2018,– Undergraduate Advisory Committee (UAC) member
2021-22 UAC-SACS Sub-Committee member (2015-2018)
UAC-Alderson Lecture Sub-Committee member (2015-2017)
- 2014-present – Volunteer, UT Athletic Performance Clinic, 22 Jan 2022, 2021-canceled COVID, 18 Jan 2020, 12 Jan 2019, 13 Jan 2018, 14 Jan 2017, (not able in May 2016), 16 May 2015, 24 May 2014: As a member of the Planning Committee for the first Performance Clinic in 2014, I attended meetings and helped plan/organize/coordinate the event. On the day of the clinic I helped supervise, set-up/take-down, troubleshoot problems, monitor the concluding reception at The Stark Center. I performed similar activities in the other years, especially when The Stark Center was used as a clinic location for activities.
- 2014-2015 – Strategic Plan “Recognition as an Engaged Faculty” Subcommittee: As a follow-up to the Strategic Planning workshop the KHE faculty/staff attended in the spring

semester, I was appointed to the Engaged Faculty subcommittee to discuss and recommend ways that faculty could be engaged with the University, our community, our students, etc.

2014, December 6 – Represented KHE at College of Education Commencement

2014, May 5-6 – KHE Strategic Planning Workshop: The entire KHE department attended this two-day workshop to discuss and start thinking about our goals, mission, and objectives as a department.

2012-present – Physical Culture and Sport Studies Faculty Group Committee, Department of Kinesiology & Health Education, The University of Texas at Austin. This committee oversees the operation and needs of the Physical Culture and Sport Studies degree program.

- Physical Culture & Sports Curriculum Review Subcommittee (2013, 2015, 2017)

2012-present – Sport Management Faculty Group Committee, Department of Kinesiology & Health Education, The University of Texas at Austin. This committee oversees the operation and needs of the Sport Management degree program.

- Sport Management Curriculum Review Subcommittee (2013, 2015, 2017)

2010-present – Strength & Conditioning Coaching Specialization Coordinator: I teach two of the required specialty courses (KIN 363 and KIN 226) for this specialization. I also help students find and then supervise their final strength and conditioning internships.

2010-2011 – Application of Global Culture and Writing Flags for KIN 349 course.

2010-2011 – Helped organize/manage a research study with PED 106C and Nutrition Department (IRB #2010-12-0093) “Evaluation of a stereovision imaging system as a measure of changes in body size, shape and % fat among college students in a weight training program.”

2010-2011 – Helped organize/manage a study with PED 106C and a KIN graduate student, “Physical activity participation and behavioral determinants of physical activity among university students enrolled in a physical education class.”

2010-2011 – Stark Center Subcommittee – NASSH Planning and Implementation Committee – The H.J. Lutcher Stark Center hosted the 2011 Annual Meeting for North American Society for Sport History. This committee prepared for the conference. During the event, I helped with onsite supervision, registration, and trouble-shooting of problems.

2010, December 3 – Volunteer, UT Hall of Fame Swimming & Diving Invitational

2009-present – Assistant Director for Operations, H.J. Lutchter Stark Center for Physical Culture & Sports, Department of Kinesiology & Health Education, The University of Texas at Austin. I assist with daily operations, help with event planning, solicit materials. and work to bring new collections to the Center (such as the Beth Rowley Collection) and assist with facility oversight. I also assist with special events and museum shows; help visitors find materials, and do cataloguing as my time permits. I often travel with the Directors – Drs. Jan and Terry Todd – to pack and transport collections for the Stark Center.

2009-2010 – KHE Subcommittee – Merit Review Committee, Teaching

2009, December – Volunteer, UT Hall of Fame Swimming & Diving Invitational

2008-2009 – Coordinated PED 106C participation with graduate student Matthew Stults-Kolehmainen’s research study, “Psychological Aspects of Adaptation to Resistance Training.”

2008-2009 – Prairie View Interscholastic League (PVIL) Oral History Project: As part of my research on the PVIL, graduate student Darren Kelley and I organized and participated in videotaping interviews with coaches and previous members of the PVIL.

2007-present – Associate Editor, *Iron Game History, The Journal of Physical Culture*. I assist with the peer review of articles; help with the layouts of new issues; function as one of the primary copyeditors; handle all subscriptions (mail and web-based) and do the majority of the postal correspondence for the journal.

2007-2012 – Planning Committee for PETE Committee Round-up: The Round-up event introduced PETE majors to other PETE students and faculty and staff. It was a fun and physically active event that was coordinated with registration.

2007, Fall – Coordinated PED 106C participation with graduate student Matthew Stults-Kolehmainen’s research study, pilot study “Psychological Aspects of Adaptation to Resistance Training.”

2007, Fall – Designed and implemented a resistance training protocol for a nutritional-dietary supplement study conducted by graduate student Lynne Kammer and Dr. John Ivy.

2007, Fall – UT Moov-In Volunteer – Helped new students get moved into San Jacinto and Jester Dormitories.

2007, Spring – Represented KHE at Spring University Commencement

- 2006-present – Physical Education Department Faculty Group Committee (PED), Department of Kinesiology & Health Education, The University of Texas at Austin. This committee oversees the operation and needs of the physical activity classes on campus.
- 2006 – As part of the department’s move to add Specializations to the curriculum, I submitted syllabi for two classes to be taught in Fall 2010: KIN 226 – Advanced Weight Training and KIN 363 – Theory and Practice of Strength Coaching.
- 2006 – KIN-Fest Planning Committee member – this event was a social event designed to allow KIN students (and those who were interested in becoming KIN majors) to interact with each other and faculty in the program.
- 2005-present – Faculty Sponsor/Mentor – UT Longhorn Powerlifting Club (see below, Head Coach)
- 2004-present – Webmaster for *Iron Game History, the Journal of Physical Culture* (irongamehistory.com, starkcenter.org/iron-game-history/)
- 2004-2010 – Webmaster for Arnold Strongman Classic competition (arnoldsstrongestman.com)
- 2003-2016 – Physical Education Teacher Education Committee (PETE), Department of Kinesiology & Health Education, The University of Texas at Austin. This committee sets curriculum and oversees student teaching in the public schools for the Department of Kinesiology.
- 1996-present – Head Coach, Longhorn Powerlifting Club: The University sport club team has grown from a dozen or so lifters in the late-1990s to over seventy competitive lifters in 2018. I open and supervise their training facility – STD 3.202 – three days a week (2-2.5 hours/day) so they may train. I design lifting programs; I help with fundraising efforts since the team receives limited funds from The Division of Recreational Sports; I travel with the team to their national and local competitions. Both our men’s and women’s teams have had great national success: USA Powerlifting’s Collegiate National Champions in 2013 (men’s), 2014 (men’s), 2016 (women’s equipped), and 2017 (men’s equipped). There have been numerous individuals successfully compete around the globe at International Powerlifting Federation (IPF) World competitions and win gold.
- 1996–present – Meet Director for USAPL Longhorn Open Powerlifting Championships, Austin, TX (annual event held in November). This meet is hosted by the UT Longhorn Powerlifting Club as a form of fundraising. I volunteer my time and effort to coordinate with team officers to find volunteers from the club (50-60 people) and from our PED 106C classes (~20-40 students) to work the event; I help set up and take down the event (often using my own vehicle to transport equipment and weights); I prepare artwork for marketing supplies, t-shirt designs, and awards; I record data from registration forms into scoring software; I teach volunteers how to use the software; I recruit referees from around the state/nation; and liaise with

USA Powerlifting (our sanctioning organization.) The event is the longest running powerlifting competition in Texas and draws 100-145 lifters from around the United States each year.

1995-2009 – Todd/McLean Collection Volunteer: I conducted searches, produced scans, xeroxes, etc. for out-of-town/state/country scholars. When visiting scholars needed access to the archives I unlocked the facility and supervised their study, often helping them find materials. As new materials arrived at the Collection I cataloged and filed the information. I supervised student interns, as well as, regular students working and/or researching in the archives. In 2007-2009, I also attended planning meetings with the Drs. Todd, architects, engineers, and designers for the creation of the H.J. Lutcher Stark Center for Physical Culture and Sports (opened in Fall 2009.)

1992–2007 – Subscriptions/Business Manager, *Iron Game History, the Journal of Physical Culture* – published by the McLean Sport History Fellowship at the University of Texas at Austin.

Professional Service (Outside the University of Texas)

2019, Mar 29-31 – Chief Doping Control Officer – USAPL High School Nationals, Alexandria, LA.

2019 March 6 – Scorekeeper – USAPL Military National Powerlifting Championships, Killeen, TX.

2018, October 20 - Announcer/Scorekeeper – USAPL Push Pull for Pink, Killeen, TX.

2017, February 4 – Special Olympics Texas Winter Games Officials’ Oath Speaker: I was asked to attend the final reception of the Winter Games and say the Officials’ Oath to the gathered athletes, sponsors, volunteers, etc.

2017, September 8-10 – Technical Secretary – USAPL Bench Press Nationals, Killeen, TX, Technical Secretaries are responsible for setting the referee/jury schedule; preparing forms for weigh-ins, equipment check, scoresheets, and score cards; organizing the flights used in the competition, attending weigh-ins and making sure everything stays on schedule, as well as, trouble-shooting issues arising from weigh-ins, entry registration, referees, etc.

2017, March 11 – Technical Secretary – USAPL Military Nationals, Killeen, TX, Technical Secretaries are responsible for setting the referee/jury schedule, preparing forms for weigh-ins, equipment check, scoresheets, score cards, rack heights, etc., organizing the flights used in the competition, attending weigh-ins and making sure everything stays on schedule, as well as, trouble-shooting issues arising from weigh-ins, entry registration, referees, etc.

2016-2018 – Assistant Editor, NASSH Annual Program. I assisted Jan Todd in the layout, design, editing and printing of the 2016 and 2017 NASSH programs. I assisted Dave Wiggins with the 2018 NASSH program.

2016, July 9-16 – International Powerlifting Federation’s University Classic Cup in Minsk, Belarus - I coached the 2016 USAPL Women’s National Collegiate Champions who were invited to the international event; we took six lifters and placed second.

2015-2018 – North American Society for Sport History (NASSH) Program Planning Committee. On this committee I reviewed abstracts submitted for possible presentation at the annual meeting of the North American Society for Sport History, worked to fit abstracts into thematic sessions. I reviewed 60 abstracts and sessions in 2016, 51 in 2017, and in 2018, working now with a new chair, David Wiggins, I reviewed 38 abstracts. I am also assisting Wiggins with layout of the printed program.

2015-present – Contest Manager for Rogue Record Breakers, a stand-alone competition held annually at the Arnold Sports Festival in Columbus, OH each March. I create the score sheets for the events, assist with the editing of the rules for events, help generate the many forms that are needed to run a contest of this size, and I set the schedule for referees. I then work on stage during the show as an official.

2014-2019 – Meet Director - Special Olympics Texas Winter Games Powerlifting Meet, (2 Feb 2019, 3 Feb 2018, 4 Feb 2017, 6 Feb 2016, 7 Feb 2015, 1 Feb 2014): As meet director I oversee the organizing and running of the meet. I coordinate with Special Olympics Texas personnel; I recruit workers from UT Powerlifting Club and the powerlifting community to set-up/take-down, spot, load weights, keep score, cheer, etc.; I prepare scoring software to use on the day of the event. This meet has 60-70 lifters on average.

2013-present – USA Weightlifting Meets Officiated:

- USAW GrassIron Gym Weightlifting Meet, Austin, TX, October 19, 2013
- USAW GrassIron Gym Growler Weightlifting Meet, Austin, TX, April 5, 2014
- USAW Weightlifting Event - Naturally Fit Games, July 26, 2014
- USAW GrassIron Weightlifting Meet, Austin, TX, October 18, 2014
- USAW GrassIron Spring Fling Weightlifting Meet, Austin, TX, April 4, 2015
- USAW Naturally Fit Games, Austin, TX, June 6, 2015
- USAW GrassIron Weightlifting Meet, Austin, TX, Sept. 12, 2015
- USAW GrassIron Spring Fling Weightlifting Meet, Austin, TX, Mar. 26, 2016
- USAW GrassIron Weightlifting Meet, Austin, TX, Sept. 24, 2016
- USAW GrassIron Spring Fling Weightlifting Meet, Austin, TX, May 14, 2017

2013-2020 – Meet Director - Special Olympics Texas Area 13 Powerlifting Meet (27 Oct 2018, 28 Oct 2017, 12 Nov 2016, 12 Dec 2015, 1 Nov 2014, 2 Nov 2013): As meet director I

oversee the organizing and running of the meet. I coordinate with Special Olympics Texas personnel; I recruit workers from UT Powerlifting Club and the powerlifting community to set-up/take-down, spot, load weights, keep score, cheer, etc.; I prepare scoring software to use on the day of the event. This meet has 30-40 lifters on average.

2013, May 13-23, 2013 – Austin Fire Department – Weight Training Instruction for Peer Fitness Trainers – I developed a training protocol to teach AFD peer fitness trainers how to teach weight training exercises to future applicants.

2013 – Official and Planning Committee member, Arnold Brazil Strongman Competition. In the leadup to this inaugural contest I created the score sheets for the events, assisted with the editing of the rules for events, helped generate the many forms that are needed to run a contest of this size. During the two-day event in Rio de Janeiro, Brazil, I worked on stage during the entire show as one of the senior officials.

2012-present – Special Olympics Coaches Clinic, Austin, TX (16 Sept 2017, 10 Sept 2016, 12 Sept 2015, 9 Aug 2014, 15 Sept 2012): I guest lecture and train Special Olympics coaches who want to learn more about powerlifting. We discuss the competitive rules and techniques of powerlifting, including cues, performance, judging, equipment, etc.

2008, November 25 – Guest lecture at Concordia University in Jason Shurley's Introduction to Physical Education class, "Barbellism: Alan Clavert and the Milo Barbell Company, 1902-1919."

2007-2009 – Fitness Consultant for Pete Tyson & John Bike Handball Camp, Durango, CO. I gave lectures and demonstrations pertaining to resistance training and plyometric exercises for the sport of handball. I also worked one-on-one with handball campers and assessed individual fitness needs.

2005-present – Planning Committee Member and Official for The Arnold Strongman Classic held in Columbus, OH every year in March. In the leadup to the contest I create the score sheets for the events, assist with the editing of the rules for events, help generate the many forms that are needed to run a contest of this size and I set the schedule for referees. During the two-day event I work on stage during the entire show as one of the senior officials.

2005-2006 – Meet Director for Texas Senior Olympics Powerlifting Championships. I organized a powerlifting meet for two years for the Texas Senior Olympics. I selected the events to be contested and rules to be followed. I recruited the lifters, the judges and other staff. I helped market the event with Texas powerlifters.

2001–2009 – Texas State Chair, USA Powerlifting. Responsible for out-of-meet drug testing, athlete registration, meet sanctions, rules clinics, and referee certifications for

Texas. During my tenure as chair, I attended 8-10 contests on average each year. From 2004-2009 I became the webmaster of USAPL Texas website: (usapltexas.org) in which I kept the state calendar of events and updated state records database. This is an un-paid position.

1998-2002 – USA Powerlifting National Collegiate Committee Member – The seven-person, national Collegiate Committee discussed issues affecting the collegiate powerlifter.

1997-1999 – Kinesiology Task Force Committee Member, Austin Community College, Austin, TX.

1996–present – USA Powerlifting (USAPL) National Referee. I have attended and worked at many meets (local and national). Due to my longevity and certification as a National Referee I often serve as Chief/Head Referee at meets. Along with the actual refereeing of the competitors' lifting, I help with equipment checks, weigh-ins, rules briefings, and drug testing. Recently, due to more stringent out-of-meet drug testing, I have been asked to travel as far as College Station, TX, and Elgin, TX, to administer unannounced drug tests. I recruit a male official to go with me if the person to be tested is male (so far all have been male.)

Meets I officiated since fall 2013 (all unpaid):

- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 28, 2013
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7-8, 2013
- USAPL Aggie Showdown, College Station, TX on Feb. 22, 2014
- USAPL Military National Powerlifting, Killeen, TX, March 15, 2014
- USAPL High School National Powerlifting, Killeen, TX, March 28-30, 2014
- USAPL Collegiate National Powerlifting Championships, Orlando, FL, April 11-13, 2014
- USAPL Texas State Championships, San Antonio, TX, April 26, 2014
- USAPL Master National Powerlifting, Killeen, TX, May 3-4, 2014
- USAPL Summer Powerfest, Spring, TX, July 12, 2014
- USAPL Bench Press Nationals, San Antonio, TX, August 23-24, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 20, 2014
- USAPL Longhorn Open, Austin, TX, Nov. 22, 2014
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 28, 2013
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7-8, 2013
- USAPL Aggie Showdown, College Station, TX on Feb. 22, 2014
- USAPL Military National Powerlifting, Killeen, TX, March 15, 2014
- USAPL High School National Powerlifting, Killeen, TX, March 28-30, 2014
- USAPL Collegiate National Powerlifting Championships, Orlando, FL, April 11-13, 2014
- USAPL Texas State Championships, San Antonio, TX, April 26, 2014
- USAPL Master National Powerlifting, Killeen, TX, May 3-4, 2014

- USAPL Summer Powerfest, Spring, TX, July 12, 2014
- USAPL Bench Press Nationals, San Antonio, TX, August 23-24, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 20, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 28, 2013
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7-8, 2013
- USAPL Aggie Showdown, College Station, TX on Feb. 22, 2014
- USAPL Military National Powerlifting, Killeen, TX, March 15, 2014
- USAPL High School National Powerlifting, Killeen, TX, March 28-30, 2014
- USAPL Collegiate National Powerlifting Championships, Orlando, FL, April 11-13, 2014
- USAPL Texas State Championships, San Antonio, TX, April 26, 2014
- USAPL Master National Powerlifting, Killeen, TX, May 3-4, 2014
- USAPL Summer Powerfest, Spring, TX, July 12, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 28, 2013
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7-8, 2013
- USAPL Aggie Showdown, College Station, TX on Feb. 22, 2014
- USAPL Military National Powerlifting, Killeen, TX, March 15, 2014
- USAPL High School National Powerlifting, Killeen, TX, March 28-30, 2014
- USAPL Collegiate National Powerlifting Championships, Orlando, FL, April 11-13, 2014
- USAPL Texas State Championships, San Antonio, TX, April 26, 2014
- USAPL Master National Powerlifting, Killeen, TX, May 3-4, 2014
- USAPL Summer Powerfest, Spring, TX, July 12, 2014
- USAPL Bench Press Nationals, San Antonio, TX, August 23-24, 2014
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 20, 2014
- USAPL Longhorn Open, Austin, TX, Nov. 22, 2014
- USAPL Southside Classic Powerlifting Meet, San Antonio, TX, Dec. 7, 2014
- USAPL Aggie Showdown, College Station, TX on Feb. 21, 2015
- USAPL Texas State Championships, Killeen, TX, April 25, 2015
- USAPL Summer Powerfest, Spring, TX, July 11, 2015
- USAPL Collegiate National Powerlifting Championships, Atlanta, GA, April 10-12, 2015
- USAPL Push Pull National Championships, Killeen, TX, Sept. 5, 2015
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 26, 2015
- USAPL Longhorn Open, Austin, TX, Nov. 14, 2015
- USAPL Texas Regional Collegiate Championships, San Antonio, TX, Dec. 19, 2015
- USAPL Texas Regional Championships, San Antonio, TX, Dec. 20, 2015
- USAPL Aggie Showdown, College Station, TX on Feb. 20, 2016
- USAPL Texas Strength Classic, San Antonio, TX, Mar. 13, 2016
- USAPL Texas State Championships, , April 9, 2016
- USAPL Collegiate National Powerlifting Championships, Rhode Island, April 14-17, 2016
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 17, 2016

- USAPL Southern Regional Collegiate Championships, San Antonio, TX, Dec. 3, 2016
- USAPL Southern Regional Championships, San Antonio, TX, Dec. 4, 2016
- USAPL Aggie Showdown, College Station, TX on Feb. 18, 2017
- USAPL Texas Strength Classic, San Antonio, TX, Feb. 26, 2017
- USAPL Collegiate National Powerlifting Championships, San Antonio, TX, April 7-9, 2017
- USAPL Central Texas Classic, Leander, TX, Apr. 29, 2017
- USAPL Texas State Championships, Houston, TX, Jun 3-4, 2017
- USAPL Summer Powerfest, Houston, TX, Jul. 15, 2017
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, Sept. 30, 2017
- USAPL Longhorn Open, Austin, TX, Nov. 18, 2017
- USAPL Collegiate Cup Championships, San Antonio, TX, Dec. 2, 2017
- USAPL Texas Open Championships, San Antonio, TX, Dec. 3, 2017
- USAPL Aggie Showdown, College Station, TX on Feb. 17, 2018
- USAPL Texas State Championships, Killeen, TX, April 7-8, 2018
- USAPL Collegiate National Powerlifting Championships, TAMU, College Station, TX, April 19-22, 2018
- USAPL Central Texas Classic, Leander, TX, Apr. 26, 2018
- USAPL Summer Powerfest, Houston, TX, June 30, 2018
- USAPL Roadrunners Iron Wars Powerlifting Meet, San Antonio, TX, 15 Sept. 2018
- USAPL Longhorn Open, Austin, TX, 10 Nov 2018
- USAPL Collegiate Cup Championships, San Antonio, TX, 1 Dec 2018
- USAPL Collegiate National Championships, Columbus, OH, 12-15 Apr 2019
- USAPL Summer Powerfest, Houston, TX, 6 Jul 2019

1996-2009 – Pete Tyson & John Bike Handball Camp, Durango, CO – Camp staff for elite handball camp. Pete Tyson was the University of Texas Handball Coach; John Bike was ranked the number one professional handball player in the world for several years.

1996-1999 – Summer Youth Academy, Austin Community College – I was a camp counselor and fitness module leader for this camp which was designed to enrich the lives of local, underprivileged middle-school age children and allow them to believe they could go on to college after high school.

Dissertation Committee Member/Comprehensive Exam Reader in Department of Kinesiology & Health Education

Steve LaBrutta, Ph.D. student in Physical Culture and Sport Studies, Comprehensive Exam Reader, December 2016

Austin Duckworth, Ph.D. student in Physical Culture and Sport Studies, Comprehensive Exam Reader, April 7, 2017

Dan Rosenke, Ph.D. student in Physical Culture and Sport Studies, Comprehensive Exam Reader

Andrew Hao, Ph.D. student in Physical Culture and Sport Studies, Comprehensive Exam Reader,
June 22, 2017

Mickey Phillips, Ph.D. student in Physical Culture and Sport Studies, Comprehensive Exam
Reader

Jason Shurley, Interdisciplinary Ph.D. in Sport Studies, Dissertation Committee Member,
Graduation May 2013

Thesis Supervision *outside* Kinesiology and Health Education

Fall 2016-Spring 2017 Chair/First Reader, Plan II Honors thesis for Hubbard Uhlhorn

Fall 2018-Spring 2019 Chair/First Reader, Plan II Honors thesis for Mehul Gore

Fall 2019-Spring 2020 Second Reader, Plan II Honors thesis for Caroline Hao

Manuscript Reviews for Publication

2022 – *Sport History Review*, “Behind the Scenes: Secret Life of Harry Bosco”

2018 - *Journal of Sport History*, “Casting Ben Weider from the Temple: French Canadian
Nationalism in the Bodybuilding Enterprises of Adrien Gagnon”

2017 - *Journal of Sport History*, "Athena: Box Office Bomb and Bodybuilding Breakthrough"

2011 - *Journal of Sport History*, “Branding Iron: Eugen Sandow’s ‘Modern’ Marketing Strategies,
1887-1925”

Professional Memberships

2012-2016 American College of Sports Medicine (ACSM)

2008-2017 SHAPE (Formerly, The American Alliance for Health, Physical Education,
Recreation and Dance)

2006-present National Strength and Conditioning Association (NSCA)

2006-2007 American Historical Association (AHA)

2000-present North American Society for Sport History (NASSH)

Publications

Books

Kim Beckwith, *Weight Training, 2nd ed.*, Dubuque: Kendall/Hunt Publishing Co., 2016.

Kim Beckwith, *Weight Training, Rev. ed.*, Dubuque: Kendall/Hunt Publishing Co., 2015.

Kim Beckwith, *Weight Training*, Dubuque: Kendall/Hunt Publishing Co., 2008.

Book Chapters

Kimberly Beckfish (Beckwith), “The Work of Louis Durlacher alias Professor Attila in the United
States,” *Südwestdeutsche Turner in der Emigration*, Annette Hofmann, editor,
Schorndorf, 2004, p. 173-88.

Peer-Reviewed Publications

Kim Beckwith, "American Made: How Judy Glenney Pioneered the International Women's Weightlifting Movement," *Iron Game History* 16(2) Summer 2022, p. 66-81.

Kim Beckwith, "Mabel Rader: A Champion for Women's Lifting," *Iron Game History* 15(2) Summer 2021, p. 18-23.

Kim Beckwith and Jan Todd, "George Hackenschmidt vs. Frank Gotch—Media Representations and the World Wrestling Title of 1908," *Iron Game History* 11(2) June 2010, p. 14-25.

Kim Beckwith, "Weight-lifting 'as a sport, as a means of body building, and as a profession': Alan Calvert's The Truth About Weight-Lifting," *Iron Game History* 10 (4) January 2009, p. 22-33.

Kimberly Beckwith and Jan Todd, "*Strength*: America's First Muscle Magazine, 1914-1935," *Iron Game History* 9(1) August 2005, p. 11-28.

Miriam Y. Cortez-Cooper, Allison E. DeVan, Maria M. Anton, Roger P. Farrar, Kimberly A. Beckwith, Janice S. Todd, Hirofumi Tanaka. "Effects of High Intensity Resistance Training on Arterial Stiffness and Wave Reflection in Women," *American Journal of Hypertension* 18(7) July 2005, p. 930-34.

Kim Beckwith and Jan Todd, "Requiem for a Strongman: Reassessing the Career of Professor Louis Attila," *Iron Game History* 7(2&3) July 2002, p. 42-55.

Kim Beckwith, "Thomas Jefferson 'Stout' Jackson: Texas Strongman," *Iron Game History* 3(2) January 1994, p. 8-15.

Published Proceedings/Abstracts

Kim Beckwith, "'No More Riding Bitch': Ursula Papandrea and the New Dominance of Women in American Weightlifting," *Proceedings of the North American Society for Sport History*, 2017.

Kim Beckwith, "Ivy Russell: 'Trailblazer' for Women's Weightlifting," *Proceedings of the North American Society for Sport History*, 2016.

Kim Beckwith, "Mabel Rader: Never a Competitor, but Always a Champion," *Proceedings of the North American Society for Sport History*, 2015: 7.

Kim Beckwith, "'The Spark which Lights the Fire of Women's Lifting': Judy Glenney, a pioneer of US Women's Weightlifting," *Proceedings of the North American Society for Sport History*, 2014: 18.

- Kim Beckwith, "Not for Men Only: A History of American Women's Weightlifting," *Proceedings of the North American Society for Sport History*, 2013: 7-8.
- Jan Todd, Thomas M. Hunt, Kim Beckwith and Tolga Ozyurtcu, "Physical Culture Studies and Sport History: A Panel Discussion," *Proceedings of the North American Society for Sport History*, 2012: 180.
- Kim Beckwith, "'The Greatest Loss of All': Houston's Yates vs. Wheatley Football Game and the African American Community," *Proceedings of the North American Society for Sport History*, 2009: 1-2.
- Kim Beckwith, "Coaching in the Prairie View Interscholastic League: Reflections on Race and Sports in Texas High Schools," *Proceedings of the North American Society for Sport History*, 2008: 74-76.
- Kim Beckwith, "Renouncing Strength: Physical Culture in the Jazz Age," *Proceedings of the North American Society for Sport History*, 2006: 100-101.
- Kim Beckwith, "Strength: America's First Muscle Magazine, 1914-1935," *Proceedings of the North American Society for Sport History*, 2005: 43-44.
- Miriam Y. Cortez-Cooper, A.E. DeVan, A. Anton, R. Farrar, Kim Beckwith, J. Todd, and H. Tanaka. The Effects of Strength Training on Arterial Stiffness in Women," *Medicine and Science in Sports and Exercise*. 36(5): S50, 2004.
- Kim Beckwith, "'Barbellism': Alan Calvert, the Milo Barbell Company and *Strength Magazine*, 1902 to 1919," *Proceedings of the North American Society for Sport History*, 2004: 111-112.
- Kim Beckwith, "Looking at the Outside to Understand the Inside: An Analysis of 100 Years of American Muscle-Magazine Covers," *Proceedings of the North American Society for Sport History*, 2002: 49-50.
- Kim Beckwith, "Race and Ethnicity in Turn of the Century Physical Culture Entrepreneurs," *Proceedings of the North American Society for Sport History*, 2001: 97.
- Kim Beckwith and Jan Todd, "'Well, Old Boy, It Done Me a great Deal of Good: Professor Attila, James J. Corbett and the Introduction of Systematic Strength Training for Athletes," *Proceedings of the North American Society for Sport History*, 2000: 26-27.

Peer-Reviewed Presentations

- Kim Beckwith, "Fighting to Compete: The Struggle for America's First National Weightlifting Championships for Women," North American Society for Sport History Annual Conference, Chicago, IL, May 27-30, 2022.

Kim Beckwith, "Judy Gedney: Powerlifting's power lifter," North American Society for Sport History Annual Conference, Virtual/HopIn, May 29-31, 2021.

Kim Beckwith, "Judy Gedney: Powerlifting's power lifter," North American Society for Sport History Annual Conference, Chicago, IL, May 22-25, 2020. (Canceled due to COVID-19.)

Kim Beckwith, "'A Life without Boundaries': Cynthia Wyatt Reinhoudt, An Early, Two-Sport, Weight-Trained Athlete," North American Society for Sport History Annual Conference, Boise, ID, May 24-27, 2019.

Kim Beckwith, "'No More Riding Bitch': Ursula Papandrea and the New Dominance of Women in American Weightlifting," North American Society for Sport History Annual Conference, Fullerton, CA, May 26-29, 2017.

Kim Beckwith, "Ivy Russell: 'Trailblazer' for Women's Weightlifting," North American Society for Sport History Annual Conference, Atlanta, GA, May 27-30, 2016.

Kim Beckwith, "Mabel Rader: Never a Competitor, but Always a Champion," North American Society for Sport History Annual Conference, Miami, FL, May 22-25, 2015.

Kim Beckwith, "'The Spark which Lights the Fire of Women's Lifting': Judy Glenney, a pioneer of US Women's Weightlifting," North American Society for Sport History Annual Conference, Glenwood Springs, CO, May 30-June 2, 2014.

Kim Beckwith, "Not for Men Only: A History of American Women's Weightlifting," North American Society for Sport History Annual Conference, Halifax, Nova Scotia, May 24-27, 2013.

Jan Todd, Thomas Hunt, Kim Beckwith, Tolga Ozyurtcu, "Physical Culture Scholarship – Physical Culture Studies and Sport History: a Panel Discussion," North American Society for Sport History Annual Conference, Berkely, CA, June 1-4, 2012.

Kim Beckwith, "George Hackenschmidt vs. Frank Gotch: Media Representation and the World Wrestling Title of 1908," North American Society for Sport History Annual Conference, Orlando, FL, May 28-31, 2010.

Kim Beckwith, "'The Greatest Loss of All': Houston's Yates vs. Wheatley Football Game and the African American Community" North American Society for Sport History Annual Conference, Asheville, NC, May 22-25, 2009.

Kim Beckwith, "'Barbellism': Alan Calvert and the Milo Bar-Bell Company, 1902-1919," guest lecturer for Concordia University's Introduction to Physical Education class, November 25, 2008.

- Kim Beckwith, "Before Integration: The History and Impact of the Prairie View Interscholastic League in Texas," American Alliance for Health, Physical Education, Recreation and Dance Annual Meeting, Ft. Worth, TX, April 8-11, 2008.
- Kim Beckwith, "Coaching in the Prairie View Interscholastic League: Reflections on Race and Sports in Texas High Schools," North American Society for Sport History, Lake Placid, NY, May 23-26, 2008.
- Kim Beckwith, "Alan Calvert & the Milo Bar-bell Company: Selling Muscle to the Masses," during "The Meanings of Muscle" Panel, Society for Historians of the Gilded Age and Progressive Era sponsored panel at the 2007 American Historical Association Annual Meeting, Atlanta, GA, January 4-7, 2007.
- Kim Beckwith, "Renouncing Strength: Physical Culture in the Jazz Age," North American Society for Sport History Annual Conference, Glenwood Springs, CO, May 19-22, 2006.
- Kim Beckwith, "*Strength*: America's First Muscle Magazine, 1914-1935," 2005 North American Society for Sport History Annual Conference, Green Bay, WI, May 27-30, 2005.
- Kim Beckwith, Jan Todd and Roger Farrar, "Project Firepower," 3rd Annual Conference on Girls' and Women's Physical Activity and Sport, Louisiana State University at Shreveport, February 11, 2005.
- Miriam Cortez-Cooper, Allison DeVan, Alazne Anton, Roger Farrar, Kim Beckwith, Jan Todd, Hirofumi Tanaka, FACSM, "The Effects of Strength Training on Arterial Stiffness in Women," 2004 American College of Sport Medicine annual meeting.
- Kim Beckwith, "'Barbellism': Alan Calvert, the Milo Barbell Company and *Strength* Magazine, 1902 to 1919," 2004 North American Society for Sport History Annual Conference, Monterrey, CA, May 28-31, 2004.
- Kim Beckwith, "Looking at the Outside to Understand the Inside: An Analysis of 100 Years of American Muscle-Magazine Covers," 2002 North American Society for Sport History Annual Conference, French Lick, IN, May 24-27, 2002.
- Kim Beckwith, "Race and Ethnicity in Turn of the Century Physical Culture Entrepreneurs," 2001 North American Society for Sport History Annual Conference, London, Ontario, Canada, May 25-28, 2001.
- Kim Beckwith, "'Well, Old Boy, It Done Me a Great Deal of Good': Professor Attila, James J. Corbett and the Introduction of Systematic Strength Training for Athletics," 2000 North American Society for Sport History Annual Conference, Banff, Alberta, Canada, May 26-30, 2000.

Local Presentations

- 2019, Sept 24 – Guest lecture for Sandy Abney’s KHED courses at Austin Community College
- 2018, May 9 – Tour/talk about The H.J. Lutcher Stark Center for COE advisors and GAs so they can better advise PCS students, both current and prospective, about Kinesiology facilities and opportunities.
- 2017, April 14 – Presentation/guest lecture: COE Xiaofen Keating’s UGS Class
- 2016, November 14 - Presentation/guest lecture: COE Antoinette Hart’s Freshman Interest Group
- 2016, August 6 – VIP Tour/talk about The H.J. Lutcher Stark Center for UT Athletics Department’s Recruiting Camp
- 2016, May 10 – Tour/talk about The H.J. Lutcher Stark Center for Taylor High School Powerlifting Club
- 2015, April 17 – Presentation/guest lecture, Darla Castelli’s UGS class: I designed a lesson protocol to introduce Castelli’s students to resistance training. I organized my KIN 226 students to then deliver the lesson as strength coaches.
- 2015, February 12 - Tour/talk about The H.J. Lutcher Stark Center for Darla Castelli’s UGS 303 class
- 2015, February 24 – Tour/talk about The H.J. Lutcher Stark Center for Taylor High School Powerlifting Club
- 2014, April 25 - Presentation/guest lecture, UT-Austin, Dolly Lambdin’s UGS class: I designed a lesson protocol to introduce Lambdin’s students to resistance training. I organized my KIN 226 students to then deliver the lesson as strength coaches.
- 2013, November 6 & 8 - Guest lecture, Brian Farr’s KIN 119-Conditioning class: I introduced the Olympic lifts to Farr’s students as part of their Athletic Training program.
- 2011, November 18 & 21 - Guest lecture, Brian Farr’s KIN 119 Conditioning class: I introduced the Olympic lifts to Farr’s students as part of their Athletic Training program.
- 2008, November 25 – Guest lecture at Concordia University in Jason Shurley’s Introduction to Physical Education class, “Barbellism: Alan Clavert and the Milo Barbell Company, 1902-1919.”

Other Creative Works

2012-2013 - *The Stark News*, Newsletter of the H.J. Lutcher Stark center for Physical Culture and Sports – I prepared the newsletter layout, gathered articles/info to print, and printed the newsletter.

Certifications

CSCS – National Strength and Conditioning Association’s Certified Strength and Conditioning Specialist

USA Weightlifting Level I Sport Performance Coach

US Center for SafeSport

USA Powerlifting National Referee

Red Cross CPR/AED

Honors and Awards

2018 - USA Powerlifting Women’s Collegiate National Champions (geared) - Coach

2017 - USA Powerlifting Men’s Collegiate National Champions (geared) - Coach

2016 – Special Olympics, Central Texas - Sports and Competition Director Award

2016 – USA Powerlifting Women’s Collegiate National Champions (geared) - Coach

2014 – USA Powerlifting Men’s Collegiate Coach of the Year Award

2014 - USA Powerlifting Men’s Collegiate National Champions - Coach

2013 - USA Powerlifting Men’s Collegiate National Champions - Coach

2005 – Graduate Student Professional Development Award

2005 – Nominated by Department of Kinesiology and Health Education for the William S. Livingston Outstanding Graduate Student Employee Award

2004 – Graduate Student Professional Development Award

2004 – Nominated for USA Powerlifting Coach of the Year

2001-2002 – Mary Buice Alderson Graduate Scholarship for Teaching Excellence

1995 – American Drug Free Powerlifting Association Collegiate National Champions (women) – Assistant Coach

1994 – American Drug Free Powerlifting Association Collegiate National Champions (women and coed) – Assistant Coach

1993 – American Drug Free Powerlifting Association Collegiate National Champions (men, women, and coed) – Assistant Coach

Athletic Career Highlights

2015 4th place International Weightlifting Federation’s Masters’ World Cup Championships, Dallas, TX

2014 Named USA Powerlifting Men’s Collegiate Coach of the Year.

2010 2nd place in USA Weightlifting Masters National Championships, New York City

1996-present Head Coach, University of Texas Longhorn Powerlifting Team.

1993 Finalist in the United States Handball Association Collegiate National Championships, singles and doubles.

1990, 1991 & 1992 Best Collegiate Lifter Award, American Drug Free Powerlifting Association.

(Award given for lifting the greatest total weight relative to bodyweight.) I also set several American and National ADFPA collegiate records in the 129-pound weight class: (Squat – 303lbs, Deadlift – 374lbs, Total 799lbs) and 139-pound weight class: (Squat – 352lbs, Deadlift – 380lbs, Total 880lbs) during these same years.

- 1989, 1991, 1992 – American Drug Free Powerlifting Association Collegiate National Champions (women) - Lifter
- 1988 1st Team All-American Rusher, USF&G National Flag Football Championships, New Orleans, LA. My UT intramural flag football team was a finalist in National Championships.
- 1985 Member of 3A State Champion Basketball Team, Vernon High School, Vernon, TX.