

June, 2023

Brian K. Farr, M.A., LAT, ATC, CSCS
Kinesiology and Health Education

EDUCATION

M.A., Health, Physical Education, & Recreation, The Ohio State University, Columbus, OH 1996
Non-thesis program. M.A. awarded following comprehensive examinations; Advisor: Deborah Tannehill, PhD

B.S., Physical Education & Exercise Science, Michigan State University, East Lansing, MI 1993

PROFESSIONAL APPOINTMENTS

Clinical Professor, Department of Kinesiology and Health Education, The University of Texas at Austin 2023-present

Clinical Associate Professor, Department of Kinesiology and Health Education, The University of Texas at Austin 2018-2023

Senior Lecturer, Department of Kinesiology and Health Education, The University of Texas at Austin 2013-2018

Lecturer, Department of Kinesiology and Health Education, The University of Texas at Austin 2002-2013

PUBLICATIONS

Peer-Reviewed Journal Articles

Liu, T., Swank, A.M., Funk, D.C., **Farr, B.K.** (2007). Effects of Short-Term Application of Prophylactic Knee Brace on Balance for Athletes with Uninjured Knees. *Applied Research in Coaching and Athletics Annual*, 22, 77-96.

Craven C, **Farr B.**, Liu T, Nigrini C, Funk D, Swank A (2004). The Temporal Efficacy of Ankle Taping Versus Brace on Restriction of Ankle Inversion Over an Extended Period of Activity. *Applied Research in Coaching and Athletics Annual*, 19, 52-65.

Funk, D.C., Swank, A.M., Mikla, B., Fagen, T., **Farr, B.K.** (2003). Impact of Prior Exercise on Hamstring Flexibility: A Comparison of PNF and Static Stretching Routines. *Journal of Strength & Conditioning Research*. 17(3), 489-492.

Book Chapters:

Farr, B.K., Nguyen, D., Stephenson, K., Rogers, T., Stevens, F.R., Jasko, J.J. (2017). Ankle Sprains. In C.E. Giangarra, R.C. Manske, S.B. Brozman (Eds.), *Clinical Orthopedic Rehabilitation – A Team Approach* 4th ed. (255-272). Philadelphia, PA: Elsevier.

Farr, B.K., Nguyen, D., Stephenson, K., Rogers, T., Stevens, F.R., (2011). Ankle Sprains. In S.B. Brozman, R.C. Manske (Eds.), *Clinical Orthopedic Rehabilitation – An Evidence-Based Approach* 3rd ed. (315-331). Philadelphia, PA: Elsevier.

Op-Eds and Non-Peer-Reviewed Articles

Farr, B.K. (2014, March 31). MLB decides to cover all bases. *Houston Chronicle*. 700 words.

<https://www.houstonchronicle.com/opinion/outlook/article/MLB-decides-to-cover-all-bases-5365475.php?t=11ecfba2dd>

AWARDS AND HONORS

2022 Hall of Honor, Texas State Athletic Trainers' Association

2021 Teaching Excellence Award, Department of Kinesiology and Health Education

2019 Most Distinguished Athletic Trainer, National Athletic Trainers' Association

- 2019 Most Distinguished Athletic Trainer, Southwest Athletic Trainers' Association
- 2016 Athletic Trainer Service Award, National Athletic Trainers' Association
- 2012 Teaching Excellence Award, Department of Kinesiology and Health Education

PRESENTATIONS

Invited Talks

- Instrument Assisted Soft-Tissue Mobilization Techniques, Angelo State University, San Angelo, TX. April 2023.
- Instrument Assisted Soft-Tissue Mobilization Techniques, Fort Bend ISD. Sugar Land, TX. August 2022.
- Topical Analgesics. School of Allied Health, Oklahoma State University. Tulsa, OK. October 2017.
- Sports Injuries and the Tactical Operator. Travis County EMS Tactical Medics Seminar. Austin, TX. August 2014
- Concussions and Exertional Heat Illness in Youth Football. Central Texas American Youth Football Coaches Education. Austin, TX. August 2013
- Management of Critically Injured Athletes – Working with EMS. Longhorns' Lecture Series for Continuing Education. Austin, TX. July 2012
- Concussions in Youth Soccer. Pflugerville Area Youth Soccer League Coaches Education. Pflugerville, TX. September 2012
- Best Practices for the Assessment and Management of Concussions. Longhorns' Lecture Series for Continuing Education. Austin, TX. November 2011.
- Injury Taping Techniques. Department of Physical Therapy, Texas Women's University. Denton, TX. May 2010.
- Manual Therapy Techniques for the Knee. Department of Kinesiology and Exercise Science, University of Mary Hardin-Baylor. Belton, TX. April 2009.
- Manual Therapy Techniques for Treating Ankle Sprains. Department of Kinesiology and Exercise Science, University of Mary Hardin-Baylor. Belton, TX. April 2008.
- Dealing with Injuries in High School Athletics. Ohio High School Coaches' Association. Columbus, OH. August 1995.
- Dealing with Injuries in High School Athletics. Ohio High School Coaches' Association. Columbus, OH. August 1994.

Conference Presentations

- Manual Therapy Techniques for Ankle Dysfunction, Southwest Athletic Trainers' Association Clinical Symposium. Arlington, TX. July 2023.
- Advanced Track Session Manual Therapy for the Spine – Thrust and Non-Thrust Techniques. National Athletic Trainers' Association Clinical Symposia. Indianapolis, IN. June 2023.

Mobilization and Manipulation Techniques for the Thoracic Spine. Southwest Athletic Trainers' Association Clinical Symposium. Arlington, TX. July 2022.

B. Farr, CV, Page 3 of 9, June 2023

Advanced Track Session Getting a "Leg Up" on Treating Ankle Dysfunction, A Broad-based Manual Therapy Approach. National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA. June 2022.

Providing Athletic Training Services to Paralympic Athletes. National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA. June 2022.

Advanced Track Session Manual Therapy Techniques for the Management of Ankle Sprains. National Athletic Trainers' Association Clinical Symposia. Atlanta, GA. June 2020. (Conference Cancelled).

Exertional Testing and Beyond. Concussion Health Summit. Austin, TX. September 2019.

Creating Athletic Training Specialties and Specialty Certifications. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2019.

Improving Shoulder Range of Motion: Instrument-Assisted Soft Tissue Mobilization Techniques for Increasing Functional Ability. National Athletic Trainers' Association Annual Symposia. Las Vegas, NV. June 2019.

Managing Cervical Spine Injured Athletes – Updated Recommendations. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2019

Athletic Training. Panel on Sports Medicine, Texas Chapter of the American Council on Sports Medicine. Austin, TX. March 2018.

Shoulder Assessment Techniques. Texas Chapter of the American Council on Sports Medicine. Austin, TX. March 2018.

Manual Therapy Techniques for Treating Ankle Sprains. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Marcos, TX. July 2017.

On-field Management of Concussions – Best Practices. Dell Children's Medical Center Annual Concussion Conference, April 2015.

Manual Therapy Techniques for Treating Ankle Sprains. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2015.

Airway Management Techniques for the Athletic Trainer. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Frisco, TX. July 2014.

Tendonopathy – What do we really know about it? An update. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2014.

The Evidence Behind Topical Analgesics. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2013.

Tendonopathy – What do we really know about it? Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2012.

Manual Therapy Techniques for the Upper Extremity. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2011.

Manual Therapy Techniques for Treating Ankle Sprains. UT Health Science Center at San Antonio 37th Annual Sports Medicine Symposium. Austin, TX. February 2010.

B. Farr, CV, Page 4 of 9, June 2023

Concussions in Sports. Texas Private School Coaches Association State Convention. Austin, TX. June 2009.

Anatomy of the Shoulder Central Texas Sports Medicine Workshop. Georgetown, TX. January 2007.

Sports Related Head Injuries. Central Texas Sports Medicine Workshop. Georgetown, TX. January 2006.

Assessment of Injuries to the Ankle and Lower Leg. Central Texas Sports Medicine Workshop. Georgetown, TX. November 2004

Concussion Assessment & Return to Play Criteria. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2004.

Athletic Training Academic Update. Southwest Regional College & University Sports Medicine Meeting. Austin, TX. May 2004.

Heat Related Illnesses. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2003.

Current Trends in Bracing. East Texas Sports Medicine Seminar. Tyler TX. July 2002.

Injuries in Professional Ice Hockey. Ohio Athletic Trainers' Association State Meeting. Columbus OH. January 1996.

ADVISING AND STUDENT-RELATED SERVICE

Dissertation Committees

Christine Powell, Ph.D. in Movement Science, 2020. (Member)

Undergraduate Honors Thesis

Tyler Joseph, Plan II Honors, 2012 (2nd Reader).

Other Mentorship

Program Advising:

Faculty Advisor, Longhorn Athletic Training Students' Association, 2004–present

Primary academic and professional mentor to students enrolled in the Athletic Training Program, 2002-present

Director (2002-2008) and Co-Director (2008-present), Athletic Training Program Directed Observation/Pre-Athletic Training Student Program, 2002-present

ADMINISTRATIVE AND PROFESSIONAL SERVICE

Departmental Service

Chair, Athletic Training and Sport & Exercise Coaching Group, 2023-present

Member, Department of Kinesiology and Health Education Committee Review Committee, 2022-2023

Member, Department of Kinesiology and Health Education Faculty Hiring Committee, 2021, 2023

Member, Ad-Hoc Committee to review anatomy course, 2021

B. Farr, CV, Page 5 of 9, June 2023

Chair, Department of Kinesiology and Health Education Strategic Plan Undergraduate Degree Program Revision Committee, 2020-present

Member, Department of Kinesiology and Health Education Hall of Honor Committee, 2020-2023

Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2020

Peer Evaluator, Department of Kinesiology and Health Education, 2019

Member, Department of Kinesiology and Health Education Rehabilitation and Movement Science Group, 2018-2023

Peer Evaluator, Department of Kinesiology and Health Education, 2018

Chair, Ad-Hoc Committee on Non-Tenure Track Faculty Appointments, 2018

Member, Ad-Hoc Committee to review anatomy course, 2018

Member, Ad-Hoc Committee for external review, 2018

Area Coordinator, Department of Kinesiology and Health Education Applied Movement Science Cognate, 2016-present

Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2016

Member, Department of Kinesiology and Health Education Management Team, 2015-2018

Peer Evaluator, Department of Kinesiology and Health Education, 2015

Peer Evaluator, Department of Kinesiology and Health Education, 2014

Peer Teaching Evaluator, Department of Kinesiology and Health Education 2013-present

Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2011

Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2010

Chair (2013–2015) and Member (2008–2012), Department of Kinesiology and Health Education Departmental Review Committee, 2008-2015

Director and Founder, Longhorns Lecture Series for Continuing Education, 2007-2020

Director, Athletic Training Program High School Sunday, 2004–2020

Member and Group Chair, Department of Kinesiology and Health Education Faculty Merit Review Committee, 2004–2020

Author, Athletic Training Program Alumni Newsletter, 2004–present

Member, Department of Kinesiology and Health Education Exercise Science Group, 2003-2018

Chair (2015–2018) and Member (2002–2015, 2018-present), Department of Kinesiology and Health Education Undergraduate Advisory Committee, 2002-present

Chair, Athletic Training Program Self-Study Committee, 2002–present

B. Farr, CV, Page 6 of 9, June 2023

Chair, Athletic Training Program Admissions Committee, 2002–present

Chair, Athletic Training Program Retention Committee, 2002–present

Co-Director and Co-Founder, Longhorns Sports Medicine Camp, 2002–present

Chair, Athletic Training Program SACS Committee, 2002–2018

Chair, Athletic Training Program Undergraduate Major Advisory Committee, 2002–2018

Director (2002-2008) and Co-Director (2008-present), Athletic Training Program Directed Observation/Pre-Athletic Training Student Program, 2002-present

Program Director, Department of Kinesiology and Health Education Athletic Training Program, 2002–present

College Service

Member, College of Education Undergraduate Committee, 2020-present

Member, College of Education Fall 2020 Planning Committee, 2020

Faculty, Education Council Student-Professor Luncheon, 2019

Member, College of Education Undergraduate Committee, 2015-2018

Member, College of Education SACS Committee, 2012-2018

University Service

Member, Texas Higher Education Coordinating Board KINE/PHED Course Workgroup 2023-present

Member, Texas Higher Education Coordinating Board Texas Transfer Framework Field of Study Discipline Specific Subcommittee 2022-present

Member, Physical Activities Facilities Assignment Committee (PAFAC), 2021-2022

Member, Lab/Performance/Studio Task Force, 2020

Affiliate, Center for Health Interprofessional Practice and Education, 2018-present

Faculty, Eyes on Teaching, 2017-2019

Member, University Health Services Medical Fee Advisory Committee, 2006–2007

External Service

Outside Reviewer of Promotion and Tenure Applications:

Indiana University School of Public Health, review for promotion to Clinical Associate Professor, 2022

Indiana University School of Public Health, review for promotion to Clinical Associate Professor, 2019

Mentor, American Corporate Partners for Veterans, 2014-2018

Reviewer for *Conditioning and Strength for Human Performance*, by T.J. Chandler TJ & L.E. Brown. Philadelphia, PA: Lippincott Williams & Wilkins. 2008

B. Farr, CV, Page 7 of 9, June 2023

Reviewer for *Emergency Trauma Management for Athletic Trainers*, by M.G. Miller & D.C. Berry. Philadelphia, PA: Wolters Kluwer Health. 2007

Reviewer for *Therapeutic Modalities, The Art and Science*, by K.I. Knight & D.O. Draper. Philadelphia, PA: Lippincott Williams & Wilkins. 2007

Local Service

Guest Lecturer, Sport Related Concussions. School of Undergraduate Studies, UGS 302 Brain Injuries from WWI to the NFL. The University of Texas at Austin. Austin, TX. November 2019, 2020, 2021, 2022

Member, Ascension Seton – Dell Systems Sports Performance Committee, 2019

Co-Director and Co-Founder, Central Texas Sports Medicine Workshop, 2004-2007

Guest Lecturer, Preventing and Treating PT Related Injuries. Naval ROTC, University of Texas at Austin. Austin, TX. March 2004

Guest Lecturer, Treating Sports Related Injuries. UT Systems “Lunch & Learn” Series, University of Texas at Austin. Austin, TX. October 2003

Professional Service

National

Member, National Athletic Trainers’ Association District Secretary-Treasurer Committee, 2023-present

Reviewer, National Athletic Trainers’ Association Convention Program Committee, 2022

Member, National Athletic Trainers’ Association Athletic Trainer Service Award Committee, 2021-present

Member, National Athletic Trainers’ Association Comprehensive Internationalization Self-study Task Force, 2019-2021

Member, National Athletic Trainers’ Association International Conference Group, 2019-2021

Member, Board of Certification Specialty Certification Council, 2018-2023

District 6 Representative, National Athletic Trainers’ Association Executive Committee on Education, 2016-2020

Member, National Athletic Trainers' Association, Board of Athletic Training Specialties Taskforce, 2016-2018

Site Visitor, Commission on Accreditation of Athletic Training Education, 2013-2020

Exam Item Writer and Reviewer, Board of Certification Exam Development Committee, 2011-present

Reviewer, National Athletic Trainers' Association Convention Program Committee, 2009-2014

Session Moderator, National Athletic Trainers' Association Annual Meeting and Clinical Symposium, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023

B. Farr, CV, Page 8 of 9, June 2023

Reviewer, Board of Certification Home Study Continuing Education Program, 2001-2015

Regional/District:

Treasurer, Southwest Athletic Trainers' Association 2023-present

Member, Southwest Athletic Trainers' Association Most Distinguished Athletic Trainer Selection Committee, 2021-present

Session Moderator, Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, 2018, 2017, 2015, 2014

Board Member, Southwest Athletic Trainers' Association Executive Board, 2014-2016

Member, Southwest Athletic Trainers' Association Annual Symposium Education Program Planning Committee, 2014 – 2018

Exam Item Writer, Southwest Athletic Trainers' Association Student Quiz Bowl, 2013

Member, Southwest Athletic Trainers' Association Public Relations Committee 2007-10

Member, Southwest Athletic Trainers' Association Student Research & Education Committee 2006-09

State/Local:

Member, Texas State Athletic Trainers' Association's Apprentice Program Endorsement Committee, 2020-present

Member, Texas State Athletic Trainers' Association Task Force on State Licensure Reform, 2016-2023

Texas State Representative, SWATA Executive Board, 2014 – 2016

Secretary-Treasurer, Texas State Athletic Trainers' Association Board of Directors, 2011-2015

Texas State Representative, NATA State Association Advisory Committee, 2011-2016

Director, Texas State Athletic Trainers' Association - Region 8, 2010-2016

Member, Texas State Athletic Trainers' Association Budget Committee, 2010-11, 2015

Member, Texas State Athletic Trainers' Association Website Committee, 2010-11

Medical Consultant and Athletic Trainer, Texas USA Wrestling, 2006-2015

Professional Clinical Service (serving as a healthcare provider)

United States Olympic and Paralympic Committee Sports Medicine Staff. ParaPan-American Games, Lima, Peru. 2019

B. Farr, CV, Page 9 of 9, June 2023

U.S.A. Volleyball Men's National Sitting/Paralympic Team, 2015-2023

Selected by USA Sitting Volleyball to serve as the athletic trainer for Team USA Paralympic Sitting Volleyball for monthly training camps and multiple national and international competitions.

The University of Texas Department of Intercollegiate Athletics, Austin, TX. 2013-2016

Assisted Division of Sports Medicine and Athletic Training's medical staff with game day field observation and concussion monitoring at home football games.

U.S.A. Volleyball Men's National/Paralympic Team. WOVD International Cup. Cairo, Egypt. 2012

United States Olympic Committee Sports Medicine Staff. ParaPan-American Games. Guadalajara, Mexico. 2011.

United States Olympic Training Center. Colorado Springs, CO. 2007

The University of Texas Department of Intercollegiate Athletics, Austin, TX. 2002-present

Assist Division of Sports Medicine and Athletic Training's medical staff with medical coverage of multiple NCAA and UIL sanctioned events (e.g. Texas Relays, UIL Championships, NCAA Tournament, etc.)

Professional Memberships

Central Texas Athletic Trainers' Society, 2005-2015

Southwest Athletic Trainers' Association 2002-current

National Academy of Sports Medicine, 2002-2018

American College of Sports Medicine, 2002-2018

Texas State Athletic Trainers' Association, 2001-current

National Strength and Conditioning Association, 1992-current

National Athletic Trainers' Association, 1991-current

Professional Credentialing

Texas Dept. of Licensing and Regulation - Licensed Athletic Trainer (LAT) 2015-present

Texas Dept. of State Health Services - Licensed Athletic Trainer (LAT) 2000-2015

National Strength & Conditioning Association - Certified Strength & Conditioning Specialist (CSCS) 1999-present

Oklahoma Medical Board – Licensed Athletic Trainer (LAT) 1997-2000

Board of Certification - Certified Athletic Trainer (ATC) 1994-present

Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board - Licensed Athletic Trainer (LAT) 1994-98