

**CURRICULUM VITAE
BRITTANY NOELLE CRIM, PhD, RD, LD**

EDUCATION AND TRAINING

2008– 2013	University of Texas Austin, TX	Ph.D.	Health Education and Health Behavior
2005 – 2007	University of Alabama Tuscaloosa, AL	M.S.	Human Nutrition
2003-2005	University of Texas Southwestern Allied Health Science Center Dallas, TX	B.S.	Coordinated Program in Clinical Dietetics

PROFESSIONAL APPOINTMENTS/EXPERIENCE

2019-Present	The University of Texas at Austin Austin, TX	Director of Nutrition and Program Development	Dept. of Kinesiology
2014-Present	Your Nutrition Guru Austin, TX	Owner	Nutrition and Wellness Consulting Firm
2017-Present	Southwestern University Georgetown, TX	Health Educator and Outreach Coordinator	Dept. of Counseling and Health Services
2013-2017	Southwestern University, Georgetown, TX	Adjunct and Visiting Professor	Dept. of Kinesiology
2013-2014	University of Mary Hardin- Baylor, Belton, TX	Assistant Professor	Dept. of Exercise and Sports Science
2008-2013	University of Texas Austin, TX	Program Coordinator/ Graduate Assistant	Dept. of Kinesiology & Hlth Edu The Fitness Institute of Texas
2011- 2013	University of Texas Austin, TX	Teaching Assistant	Dept. of Nutritional Sciences
2010 - 2011	University of Texas Austin, TX	Graduate Assistant	Dept. of Kinesiology & Hlth Edu Dept of State Health Services
2005 - 2007	University of Alabama Tuscaloosa, AL	Graduate Assistant	Division of Rec Sports

2007 - 2007	Shelton State Community College Tuscaloosa, AL	Adjunct Professor	Dept. of Health Sciences
2005 - 2006	University of Alabama Tuscaloosa, AL	Teaching Assistant	Dept. of Human Nutrition

ABSTRACTS

Crim, B, Bartholomew, J (2014). Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices. *Journal of the Academy of Nutrition and Dietetics*. 2014 Food and Nutrition Conference and Expo Annual Conference.

Crim, B, Stanforth, P, Stanforth, D, Stults-Kolehmainen, M (2013). Body Composition Change Among Female Athletes Across the Competitive Season and Over Multiple Years. *Medicine & Science in Sports & Exercise*. 2013 ACSM Annual Conference.

Crim, B, Bartholomew, J (2012). Incentivizing Worksite Wellness Increases Adherence, But Not Results *Medicine & Science in Sports & Exercise*. 2012 ACSM Annual Conference.

Crim, B, Bartholomew, J (2011). Predictors of Employee Adherence to Worksite Weight Loss Exercise and Nutrition Program. *Medicine & Science in Sports & Exercise*. 2011 ACSM Annual Conference.

MANUSCRIPTS

Accepted by the Journal of Strength and Conditioning Research, 2013 *Body Composition Change Among Female NCAA Division 1 Athletes Across the Competitive Season and Over Multiple Year-time Frame* (Stanforth, Crim, Stanforth, and Stults-Kolehmainen)

Accepted by the Journal of Strength and Conditioning Research, 2014 *Bone Mineral Content and Density Among Female NCAA Division I Athletes Across the Competitive Season and Over a Multi-year Time Frame* (Stanforth, Lu, Stults-Kolehmainen, Crim, Stanforth)

Accepted by the Nestle Nutrition institute Workshop Series, 2020 *The Importance of Providing Opportunities for Health Behaviors During the School Day* (Castelli, et al)

INVITED PRESENTATIONS AND SEMINARS

2018
Austin, TX Obesity Management Panel
Baylor Scott and White Internal Medicine Conference

2018
Austin, TX Monthly wellness presentations for staff
Texas Department of Transportation

2018
Austin, TX What's Your Why? Finding Purpose in Your Work
Fit Spot Wellness Consulting

2018
Austin, TX Sleep Hygiene
Fit Spot Wellness Consulting

2018 Austin, TX	Physical Activity and Mental Health Fit Spot Wellness Consulting
2017 Round Rock, TX	"Food Color and Health" Austin Community College Employee Wellness
2017 Austin, TX	9 monthly nutrition and fitness lectures for Pape-Dawson Engineering employees wellness.
2017 Houston, TX	"Yoga for Your Health" Texas Medical Association Annual Conference
2017 Bastrop, TX	"Nutrition and Stroke Prevention" Baylor Scott and White Annual Neuroscience Symposium
2017 Fort Worth, TX	"The Ins and Outs of Preventive Lifestyles" Texas Medical Association Physician Health and Wellness Annual Meeting
2017 Fort Worth, TX	"Healthy Nights and Healthy Days" Texas Medical Association Physician Health and Wellness Annual Meeting
2016 Austin, TX	"Comparison of Calorie Counting VS. Self-Evaluation Methodology for Weight Loss" Poster presentation at the Texas American College of Sports Medicine annual meeting.
2016 Lake Travis, TX	"Nutrition Steps to Weight Loss and Health" Texas Medical Association Physician Health and Rehabilitation Training Session
2016 Lake Travis, TX	"Nutrition and Exercise Steps to Weight Loss and Health" Texas Medical Association Physician Health and Wellness Annual Meeting
2016, Austin, TX	"Diabetes Basics" Austin Community College Employee Health Symposium
2015, Austin, TX	"Healthy Eating on a Budget" Austin Community College Employee Health Symposium
2015, Austin, TX	"Health Benefits of Tai Chi" Texas Medical Association Physician Health and Wellness Annual Meeting
2015, Leander, TX	"Nutrition for Performance" Leander Spartans Private Track and Field Club
2015, Austin, TX	"Nutrition for Performance" Pape-Dawson Engineering Firm Employee Wellness Luncheon
2015, Austin, TX	"Metabolism: 101" Pape-Dawson Engineering Firm Employee Wellness Luncheon
2014, Atlanta, GA	"Evaluation of Point of Purchase Labeling to Improve Health Literacy and Healthy Eating Choices" The Academy of Nutrition and Dietetics National Food and Nutrition Conference and Expo
2014, Austin, TX	"Practical Nutrition for the Aging" Travis County Medical Society's Lifetime Learning Institute
2014, Dallas, TX	"Nutrition and Exercise Techniques for Personal and Employee Resilience" DFW International Health Symposium
2014, Ft. Worth, TX	"Yoga Techniques and Their Benefits" and "Nutrition and Exercise Steps to Weight Loss and Health" Texas Medical Association Physician Health and Wellness Annual Meeting

2013 Horseshoe Bay, TX	“Pros and Cons of Popular Diets” and “Nutrition Steps to Weight Loss and Health” Texas Medical Association Physician Health and Rehabilitation Training Session
2013 Austin, TX	Nutrition and Diabetes Prevention and Management, University of Texas Department of Environmental Health Services
2012 and 2013, Austin, TX	Diabetic Exchanges: Understanding and Utilizing the Exchange List, University of Texas, Department of Nutrition Undergraduates
2012 Austin, TX	“College Nutrition” University of Texas, Freshman University General Studies
2012 Austin, TX	“Physical Activity and Weight Management” University of Texas, School of Nursing
2012 San Francisco, CA	“Incentivizing Worksite Wellness Increases Adherence, But Not Results” Thematic Poster Session Presentation at the American College of Sports Medicine annual meeting
2012, Austin, TX	“Nutrition Myth Busters” University of Texas, Quarterly Bites of Wellness Presentation for University HealthPoint Faculty and Staff Services
2011 Denver, CO	“Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program” Poster presentation at the American College of Sports Medicine annual meeting
2011 Austin, TX	“Nutrition and Exercise” University of Texas, Nutrition and Wellness Association
2011 Austin, TX	“Predictors of Employee Adherence to a Worksite Exercise and Nutrition Program” Poster presentation at the Texas American College of Sports Medicine annual meeting.
2010 Austin, TX	“Metabolism: Is it working for or against you?” University of Texas, Graduate Coordinator Association
2010 Austin, TX	“Nutrition and Exercise” University of Texas, Department of Nutrition Undergraduates
2009 Austin, TX	“Metabolism, is it working for or against you?” University of Texas, Department of Accounting Services
2008 Austin, TX	“Healthy Downtown Dining” Frost Tower Professionals
2007 Tuscaloosa, AL	“Nutrition for the Traveling Athlete” University of Alabama, Women’s Softball Team
2005-2007 Tuscaloosa, AL	“Nutrition Education for the Personal Trainer” University of Alabama Student Recreation Center, Personal Training Course

TEACHING EXPERIENCE

University of Texas
Austin, TX

Professor of Record

- Exercise/Health/Sport (Undergraduate)

Southwestern University
Georgetown, TX

Adjunct and Visiting Professor

- Nutrition for Human Performance (Undergraduate)
- Health Disparities and Disease (Undergraduate)
- Sports Nutrition (Undergraduate)
- Anatomy and Physiology (Undergraduate)
- Worksite Wellness (Undergraduate)
- Health and Fitness Concepts (Undergraduate)
- Exercise Prescription (Undergraduate)
- Introduction to Nutrition (Undergraduate)
- Introduction to Epidemiology (Undergraduate)
- Exercise, Cognition, and Mental Health (Undergraduate)

University of Mary Hardin-
Baylor
Belton, TX

Assistant Professor

- Lifespan Nutrition (Undergraduate)
- Personal Health and Fitness (Undergraduate)
- Introduction to Exercise and Sport Science (Undergraduate)

University of Texas
Austin, TX

Teaching Assistant

- Clinical Practice in Medical Nutrition Therapy (Undergraduate)
- Community Nutrition (Undergraduate)
- Nutrition Assessment Techniques (Undergraduate)

Shelton State
Community College
Tuscaloosa, AL

Teacher of Record

- Introduction to Nutrition (Undergraduate)

University of Alabama
Tuscaloosa, AL

Teaching Assistant

- Community Nutrition (Undergraduate)

Grants and Scholarship

Southwestern University
University of Texas
October 2018

Peers Against Tobacco Grant

Southwestern University
University of Texas
October 2017

Peers Against Tobacco Grant

Southwestern University
SCOPE Awards
May 2017

Inquiry Initiative Summer Research Grant

Southwestern University
SCOPE Awards
May 2016

Inquiry Initiative Summer Research Grant

Southwestern University
SCOPE Awards
May 2015

Inquiry Initiative Summer Research Grant

PROGRAM EXPERIENCE, DEVELOPMENT

Southwestern University Georgetown, TX	<u>Health Educator and Outreach Coordinator</u> -Developer and executor for student wellness initiatives and health education
Pape-Dawson Engineering Austin, TX	<u>Consultant</u> -Developed nutrition and fitness education for employees
Austin Community College Austin, TX	<u>Consultant</u> -Developed nutrition education for staff encompassing a variety of health topics including diabetes and cardiovascular disease
University of Texas Austin, TX	<u>Nutrition Services</u> -Developer and educator for individual and group counseling
University of Texas Austin, TX	<u>Get FIT Weight Loss & Lifestyle Program</u> - Development, program educator and exercise instructor
University of Texas Austin, TX	<u>Lunch and Lose Nutrition Education for Weight Loss Program</u> - Developer and program educator
University of Texas Austin, TX	<u>Breakfast and Lose Nutrition Education for Weight Loss Program</u> - Developer and program educator
Texas Medical Association Austin, TX	<u>Lunch and Lose Nutrition Education for Weight Loss Program</u> - Developer and program educator
Texas Medical Association Austin, TX	<u>Get FIT Weight Loss & Lifestyle Program</u> - Development and program educator
University of Texas Austin, TX	<u>Get FIT Diabetes: Exercise and Nutrition Lifestyle Program for Diabetics</u> - (Under development) Developer and program educator
Texas Medical Association Austin, TX	<u>Get FIT Weight Loss & Lifestyle Program</u> - Development and program educator
The Hills Health Club and Wellness Center: Frost Tower Austin, TX	<u>Nutrition Services</u> -Developer and education for individual and group counseling
University of Alabama Tuscaloosa, AL	<u>Nutrition Services</u> -Developer and education for individual and group counseling
University of Alabama Tuscaloosa, AL	<u>Lunch and Lose Nutrition Education Program</u> -Developer and program education

EXPERT CONSULTING

Texas Department of
Criminal Justice: 2019

Dr. Oz Show [TV]: 2011
Season 2, Episode 178

Hardwired for Fitness
2011

Expert witness in dietetics in a federal court trial:
Atomanzcyk V. TDCJ

How old will you be when you die?
Expert Contributor

Nutrition Menus and Recommendations
Contributing Author

PROFESSIONAL AFFILIATIONS

2017-2021

American College Health Association

2017-present

Texans Standing Tall

2017-present

Peers Against Tobacco

2005-present

Commission of Dietetic Registry

2010-2018

American College of Sports Medicine

2003-present

Academy of Nutrition and Dietetics

2003-2015

Sports Cardiovascular and Nutrition Association

2014-2016

Nutrition Entrepreneurs Dietetic Practice Group

2014-2016

Weight Management Dietetic Practice Group

2008-2013

Health Education Student Association

2004-2008

American Council on Exercise