

Samuel N. Pitasky

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Education

University of Texas at Austin | Austin, TX Sep. 2018 – Present

Doctoral Student in Counseling Psychology, Master's Specialization in Quantitative Methods

- Current GPA: 4.0/4.0
- Counseling coursework: helping and counseling skills, cognitive behavioral therapy, group counseling, multicultural counseling, assessment in counseling, psychopathology, addiction counseling, suicide prevention, theories in counseling, ethics in counseling
- Quantitative methods coursework: research design and methods, psychometrics, program evaluation, fundamental statistics, statistical analysis for experimental data, correlation and regression, multivariate methods, data analysis in R
- Psychology coursework: individual through the life cycle, motivation and emotion, social psychology

Columbia University | New York, NY

Sep. 2016 – Dec. 2017

Psychology Certificate Program, School of Professional Studies

- GPA: 4.10/4.0
- Coursework: introduction to psychology, abnormal psychology, developmental psychology, social psychology, experimental psychology, introduction to neuropsychology, statistics for behavioral science, advanced seminar in social factors & psychopathology, supervised individual research

University of Pennsylvania | Philadelphia, PA

Sep. 2010 – May 2013

Bachelor of Arts in Political Science, magna cum laude

- GPA: 3.75/4.0
- Dean's List: 2010-11, 2012-13

Research & Program Evaluation

The National Research Consortium of Counseling Centers in Higher Education

| University of Texas at Austin

Sep. 2018 – Present

Doctoral Researcher

- Research team based in the Counseling and Mental Health Center (CMHC) at UT Austin focused on investigating factors that contribute to the mental health and academic success of college students
- Personal research interests include group counseling, social anxiety, and the evaluation and improvement university mental health programs

Principal Investigator: Chris Brownson, PhD

Counseling & Mental Health Center & University Health Services

| University of Texas at Austin

June 2019 – Present

Graduate Assistant for Program Evaluation

- Assistant for all program evaluation and assessment efforts for UT Austin's counseling and student health services

- Responsible for developing program evaluation plans, building and distributing surveys, conducting statistical analyses, and compiling reports for all student-oriented programs at CMHC and University Health Services

Supervisor: Susan Hochman, MPH

Texas Well-being project | University of Texas at Austin

Sep. 2018 – June 2019

Graduate Assistant

- Grant-funded project supported by the Hogg Foundation and based in the Longhorn Wellness Center, CMHC's outreach and prevention office
- Initiative to improve academic outcomes by working with faculty and departments to promote student well-being in the classroom
- Focused on embedding conditions for well-being and flourishing into learning environments
- Responsible for classroom observations, creating surveys, analyzing outcomes data, and presenting to student and faculty groups

Supervisor: Althea Woodruff, PhD

Higgins Lab | Columbia University

Sep. 2016 – May 2018

Research Assistant and Study Coordinator

- Research team focused on social psychology concepts including shared reality, social support, regulatory focus, and value-from-fit
- Responsible for study development, content generation, data coding, participant interaction, and the execution of a field study
- Promoted to "study coordinator role" responsible for all aspects of participant recruitment, event coordination, RA management, data collection, and IRB approval

Principal Investigator: E. Tory Higgins, PhD

Columbia Couples Lab | Columbia University

Sep. 2016 – May 2017

Research Assistant

- Research team focused on interpersonal interactions involving members of majority and minority groups and the benefits of values affirmation
- Responsible for coordinating participants, applying physiological equipment, collecting behavioral and physiological data, and data management

Principal Investigator: Niall Bolger, PhD

Clinical & Professional Experience

Kaleidoscope Counseling and Assessment | Austin, TX

Sep. 2019 – Present

Practicum Counselor

- Community mental health clinic providing long-term individual, group, and family therapy to the greater Austin community
- Responsible for 6-8 direct hours per week of individual, couples, and group psychotherapy
- Gained experience working with clients with a diversity of presenting concerns including depression, anxiety, bipolar disorder, suicide risk, identity concerns, existential concerns, grief, and autism spectrum disorder
- Co-facilitated a counseling and social skills group for high school students with autism spectrum disorder

- Completed 1 hour of individual supervision and 2 hours of group supervision per week

Supervisors: Fabianna Laby, PsyD; Allison Sallee, PhD

Counselors in Academic Residence Program (“CARE”)

| University of Texas at Austin

Sep. 2019 – May, 2020

Practicum Counselor

- Counseling program run by CMHC that places mental health counselors within academic colleges across UT Austin to lower barriers to accessing mental health services
- Responsible for providing 8 direct hours per week of short-term individual therapy to undergraduate and graduate students at UT Austin
- Gained experience working with college students with a broad range of presenting concerns including academic concerns, interpersonal concerns, clinical depression and anxiety, eating and body image concerns, and suicidal risk
- Gained significant experience working with students holding at least one underrepresented identity including students with minority racial/ethnic, gender, and sexual identities
- Completed 2 hours individual supervision and 1.5 hours of group supervision per week

Supervisors: Toby LeBlanc, LPC-S; Laura Dupuis, LCSW; Joey Hannah, PhD

The Door | New York, NY

Jan. 2017 – Dec. 2017

Intake Counselor and Lead Intern

- Youth development center offering comprehensive services to underserved young people in New York City, ages 13-24
- Responsible for conducting and documenting one-on-one intake interviews with young people
- Worked with adolescents and young adults experiencing a range of emotional, behavioral, interpersonal, educational, legal, and economic issues
- Promoted to “lead intern” role responsible for training new intake counselors, assisting the process of organized reflection and professional development, and following up on high-concern cases

Supervisor: Elizabeth Ng

Lake Partners Strategy Consultants | Seattle, WA

Sep. 2014 – Sep. 2015

Research Analyst

- Research analyst at a boutique management consulting firm, focused on producing market research for institutional investors
- Responsible for building economic models, executing surveys, conducting phone and in-person interviews, compiling presentations, and reporting to clients on industries such as pharmaceuticals, biotech, veterinary health, heavy machinery, and building products
- Developed skills in in-depth research, executing quantitative surveys, one-on-one interviewing techniques, synthesizing quantitative and qualitative data, and effective presentation methods

Barclays | New York, NY

June 2013 – Aug. 2014

Financial Analyst, Real Estate Investment Banking Group

- Worked as a financial analyst supporting corporate finance, M&A, financial advisory, and client management functions
- Responsible for developing financial models, performing financial analyses, creating presentations to advise clients, and managing the information flow on live business transactions
- Developed strong analytical skills, efficiency, attention to detail, and the ability to manage multiple projects at once

Professional and Conference Presentations

- “Understanding Factors of Student Wellbeing and Academic Success: What Can We Target?”
NASPA Strategies Conference (Student Affairs Professionals in Higher Education) Jan. 2021
- “Cues for Consent: A Qualitative Study of Alcohol and Consent on Campus”
NASPA Strategies Conference (Student Affairs Professionals in Higher Education) Jan. 2021
- “Beyond the Counseling Center: Using Research Findings to Improve College Students’ Well-Being”
Association for University and College Counseling Centers (Preconference – San Antonio) Oct. 2019
- “Extending our Expertise: Using Research Findings to Improve College Students’ Well-being Beyond the Counseling Center”
Presentation to graduate course, “Issues in Higher Education” (University of Texas at Austin) Apr. 2019
- “Texas Well-being: Promoting Well-being in UT Learning Environments”
Featured speaker at “Texas Leadership Summit” (University of Texas at Austin) Feb. 2019
- “Texas Well-being: Promoting Well-being in UT Learning Environments”
Co-speaker for Faculty Innovation Center’s “Teaching Preparation Series” (University of Texas at Austin) Nov. 2018

References

Chris Brownson, PhD | University of Texas at Austin | academic and research advisor
cbrownson@austin.utexas.edu, 512.475.6990

Fabianna Laby, PsyD | Kaleidoscope Counseling and Assessment | clinical supervisor
fabl@drfabl.com, 512.638.3555

Mike Parent, PhD | University of Texas at Austin | professor, assessment in counseling course
michael.parent@austin.utexas.edu, 512.471.0845