

## CURRICULUM VITAE

NAME AND CONTACT Erik O. Gnagy PhD, PGA gnagy@austin.utexas.edu 512-636-0618	POSITION TITLE Clinical Assistant Professor Kinesiology and Health Education University of Texas at Austin
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### EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE	YEAR	FIELD OF STUDY
University of Texas at Austin	Ph.D.	2012	Behavioral Health
California State University, Fullerton	M.S.	2001	Kinesiology Emphasis in Applied Sports Psych
University of Kansas	B.S.E.	1996	Kinesiology Emphasis in Sports Management

### A. Personal Statement

I have an integrated background in kinesiology, applied sports psychology, behavioral psychology, and existential phenomenology. This diverse background has allowed for me to create and evidence-based applied practice. As such, I have had the opportunity to share my expertise within multiple performance contexts, which fulfills my primary passion for helping others achieve meaningful goals. My research in the field of decision-making has broadened my understanding of the relationship between affect, human behavior, and performance. My mission is to have a positive impact on others. Therefore, I will continue to enhance my understanding of these relationships to further develop evidence-based applications, improving psychological wellbeing and optimizing performance.

### B. Employment History

#### Academic and Professional Appointments

2012-	Clinical Assistant Professor, Department of Kinesiology and Health Education University of Texas at Austin
2006-2012	Teaching Associate, Department of Kinesiology and Health Education University of Texas at Austin
2009-2011	Volunteer Assistant Men's Golf Coach University of Texas at Austin
2005-2007	Teaching Professional Golftec, Austin, TX
2002-2005	Head Men's and Women's Golf Coach and Physical Education Instructor Sage Hill School: Newport Beach, CA
2002-2005	Instructor for Mind Under Par/Wright Balance Golf Schools Newport Beach, CA
1998-2000	Practice Facility Assistant at Pelican Hill Golf Club, Practice and Teaching Center Newport Beach, CA
2000-2002	Volunteer Assistant Men's Golf Coach University of California, Irvine
1997-2001	Teaching Associate California State University, Fullerton Dr. Ken Ravizza's Stress Management courses and Group Leader for KNEsnes-250 Mental Skills Training

## C. Publications & Presentations

### Original Research

Gnagy, E. Dixon, M. Clingerman, E., & Bartholomew, J. (2015). An exploration of Strategic Decision Making in Golf: Take a Chance, it's Worth the Risk. *International Journal of Golf Science*, 4(2), 89-109.

Faries, M. D., Espie, E., Gnagy, E., & McMorries, K. (2015). Experiences with weight loss triggers in women prescribed to lose weight by their physician. *Women's Health Bulletin*, 3(1), e30166.

### Professional Presentations

Gnagy E. O. (2019). Creating a positive living culture. AB Private Credit Investors offsite yearly meeting. Austin, Texas.

Gnagy E. O. (2019). Understanding Emotions to Manage Stress. Hill Country Child Care Providers Conference, Kerrville, TX.

Gnagy, E. O., & Bartholomew, J. B. (2018). An Exploratory Study of the Meaning and Experience of Strategic Decision-Making for Elite Level Golfers. Oral presentation at the World Scientific Congress of Golf, Abbotsford, BC.

Gnagy, E. O., & Bartholomew, J. B. (2018). The Presentation of a Flow Model for Strategic Decision-Making and Golf Performance. Oral presentation at the World Scientific Congress of Golf, Abbotsford, BC.

Erik Gnagy (2015). Giving from and Empty Cup: Stress and Performance in the Medical Profession. Showcased Presenter at the American College of Lifestyle Medicine Annual Conference, Nashville, TN

Erik Gnagy & Mark Faries (2015). EAT-MOVE-REACT Training for Medical Students in Integrative Medicine at Texas A&M College of Medicine, Integrative Medicine, College Station, TX

Gnagy, E. O., Dixon, M., Clingerman, E., & Bartholomew, J. B. (2012). Strategic Decision-Making in Golf: A Qualitative Exploration of the Experience and Meaning of Aggressive Play. Oral presentation at the World Scientific Congress of Golf, Phoenix AZ.

Gnagy, E. O., & Bartholomew, J. B. (2010). Development of a golf-specific self-efficacy measure. Poster presented at the annual meeting of the North American Society of the Psychology of Sport and Physical Activity, Tucson AZ.

Gnagy, E. O., Clingerman, E., Bartholomew, J. B. & (2009). Take a Chance, it's Worth the Risk: A qualitative exploration of the meaning of assertive play for a professional golfer. Poster presented at the annual meeting of the North American Society of the Psychology of Sport and Physical Activity, Austin, TX.

Gnagy, E. O., Chen, D., & Weinman, C. (2001). *Cognitive Strategies and Skill Performance: Effects of Attentional Direction*. Oral presentation at the Southwest Sport and Exercise Psychology Symposium, Fullerton, CA.

## D. Committees

2022-2023	Undergraduate Advisory Committee & Curricular Review Committee
2020-2021	Strategic planning-Graduate Programs and Students committee
2015-2017	Non-tenure track merit review committee

2015-2016

Department IRB review committee