

Vanessa L. Errisuriz, M.A.

**Department of Kinesiology and Health Education
The University of Texas at Austin
2109 San Jacinto, D3700, Austin, TX 78712
Phone: (512) 232-6027 E-mail: vlerrisuriz@utexas.edu**

EDUCATION

**The University of Texas at Austin
Doctoral Student in Health Behavior
and Health Education**

Expected Graduation: August 2016

Department of Kinesiology and Health Education

Advisor: John B. Bartholomew, Ph.D., Chair

Dissertation: Assessing the quality of implementation of a physically-active academic program: The role of teachers and school environment.

**Texas State University-San Marcos
M.A. in Health Psychology**

May 2010

Advisor: Kelly Haskard-Zolnieriek, Ph.D.

Thesis: Enhancing Motivation, Self-Efficacy, and Response-Efficacy through Regulatory Fit

**The University of Texas at San Antonio
Bachelor of Arts**

Major: Psychology (summa cum laude)

May 2008

TEACHING EXPERIENCE

Lecturer

Department of Kinesiology and Health Education

June 2016 – July 2016

The University of Texas at Austin

Course: Evaluation and Research Design (HED 373)

- Upper level undergraduate course
- Developed and presented course lectures and materials

Teaching Assistant

Department of Kinesiology and Health Education

August 2014 – May 2015

The University of Texas at Austin

Courses: Physical Activity and the Environment (UGS 302)

Foundations of Health Promotion II (HED 371K)

- Developed and presented class lectures
- Graded assignments and exams
- Held weekly office hours to assist students with coursework
- Managed course materials and grades online

Adjunct Lecturer

Psychology Department

August 2010 – May 2011

Texas State University - San Marcos

Courses taught: PSY 3301 Introduction to Statistics

PSY 3302 Research Methods

- Upper level undergraduate courses

- Created course syllabi and materials
- Developed and presented class lectures
- Developed/graded course assignments and exams
- Supervised teaching assistant

Adjunct Lecturer

Social Sciences Department

August 2010 – December 2011

Huston-Tillotson University, Austin, TX

Courses taught: Introduction to Psychology (PSYC 1301)
Human Growth and Development (PSYC 2302)

- Lower level undergraduate courses
- Created course syllabi and course materials
- Created online materials to facilitate learning
- Developed and presented class lectures
- Developed/graded course assignments and exams

Graduate Teaching Assistant

September 2008 – May 2010

Psychology Department

Texas State University – San Marcos

Courses: Introduction to Statistics, Advanced Statistics (Graduate Course)

- Managed online discussion boards
- Held weekly office hours to assist students with coursework
- Managed course materials and grades online
- Graded all course assignments, including homework, projects, quizzes, and exams.

Supplemental Instruction (SI) Leader

January 2007 – May 2008

The University of Texas at San Antonio

Courses: Introduction to Psychology, Psychology of Thought

- Conducted SI sessions, three times a week, to help students retain and apply core concepts discussed during lectures
- Prepared materials and activities for SI sessions
- Met with course instructor once a week to discuss progress of students and plans for SI sessions

RESEARCH EXPERIENCE

Texas Initiatives for Children’s Activity and Nutrition (I-CAN)

August 2011 – Present

The University of Texas at Austin

Exercise and Sport Psychology Laboratory

Texas I-CAN is an obesity prevention program targeting the school environment, with the intention of increasing physical activity and healthy eating behaviors in elementary school children. Currently, the project is focused on impacting children’s physical activity through the implementation of physically-active academic lessons. Teachers are trained to administer these 10-15 minute lessons at least 4 days/week. The primary aim of I-CAN is to assess the impact of these lessons on academic performance, time-on-task, and overall energy expenditure in children. A secondary aim is to examine implementation of the lessons.

Funded by: National Institutes of Health

Principal Investigator: John B. Bartholomew, Ph.D.

Co-Principal Investigator: Esbelle Jowers, Ph.D.

Graduate Research Assistant

- Manuscript writing
- Develop and refined teacher surveys
- Maintain equipment (i.e. accelerometers) used to collect physical activity data
- Create observation form for process evaluation of I-CAN! lessons
- Develop accelerometer training and protocol manuals for staff and interns
- Training staff and interns in observation protocols
- Participate in data collection
- Participate in weekly project meetings
- Participate in teacher training
- Analyze project data using SPSS and Excel

Thesis

August 2008 – May 2010

Texas State University – San Marcos

- Designed and implemented pilot study researching factors affecting healthy eating behaviors among undergraduate students at Texas State University-San Marcos.
- Prepared IRB application
- Developed study protocol
- Created recruitment materials
- Analyzed project data using SPSS

Undergraduate Research Assistant

January 2007 – May 2008

The University of Texas at San Antonio

- Assisted in the design and implementation of a pilot study researching mood manipulation with music involving undergraduate students at UTSA
- Extensively researched group decision-making processes and how expertise, ulterior-motive, and emotion affect those processes
- Videotaped group interactions
- Helped develop a videotape coding system
- Maintained database in Excel

OTHER PRACTICE EXPERIENCE

Intern

January 2010 – December 2010

Ventanilla de Salud

Non-Profit Health Outreach Program

Austin, TX

The Ventanilla de Salud is a non-profit program partnered with the Mexican Consulate which aims to provide health information and screening services to the Mexican immigrant population in Austin, TX.

- Developed, designed and implemented data systems for the collection of data for underserved population
- Developed detailed instruction manual regarding collection of data, exporting and merging data files, and analyzing data for the organization
- Maintained program data
- Analyzed data and helped meet reporting timelines
- Collaborated with program administrators, researchers, advisory board members, and staff to identify and design solutions to problems with data collection and storage
- Researched grant opportunities and funding prospects for the organization

AWARDS AND HONORS

Caswell Ellis Fellowship	2015 – 2016
College of Education Continuing Fellowship	2014 – 2015
Caswell Ellis Fellowship	2013 – 2014
Society for Prevention Research Minority Travel Award	2013
Joe and Teresa Long Fellowship	2012 – 2013
South Texas Recruitment Fellowship	2011 – 2012
Texas State-San Marcos Graduate College Scholarship	2008 – 2009
University of Texas at San Antonio Presidential Scholarship	2005 – 2006
University of Texas at Brownsville Endowment Scholarship	2004 – 2005

PUBLICATIONS

Grieco, L, Jowers, EM, **Errisuriz, VL**, & Bartholomew, JB (*in press*). Physically active academic lessons and on-task behavior in preadolescent children: Effects of physical activity intensity. *Preventive Medicine*

Errisuriz, VL & Pasch, KE (*submitted*). Stress and dietary choices: The moderating role of stress management. *Eating Behaviors*

Errisuriz, VL, Korinek, E, & Pasch, KE. (*submitted*). Does social connectivity moderate the relationship between social norms and dietary choices in college students? *Health Communication*

Errisuriz, VL, Golaszewski, NM, Born, KB, & Bartholomew, JB. (*submitted*). Systematic review of physical education-based physical activity interventions among elementary school children. *Journal of Primary Prevention*

Errisuriz, VL, Clutton, JE, Jowers, EM, & Bartholomew, JB. (*in progress*). The impact of epoch length on intensity of physical activity among fourth grade children.

Errisuriz, VL, Fernandez, A, Pasch, KE, & Loukas, A (*in progress*). Association between self-reported experiences of race-based discrimination and sleep problems among college undergraduates: The mediating role of perceived stress.

Errisuriz, VL, Fernandez, A, Pasch, KE, & Loukas, A (*in progress*). Are self-reported experiences of race-based discrimination associated with cigarette use among college undergraduates?

Golazweski, NM, **Errisuriz, VL**, Latimer, LA, & Pasch, KE. (*in progress*). Do associations between young adults' perceived weight-based discrimination and health-related outcomes differ by perceived body image and/or weight status?

CONFERENCE PRESENTATIONS

Errisuriz, VL, Jowers, EM, Brown, KN, & Bartholomew, JB (2016, June). Are teacher characteristics associated with quality of implementation of physically-active academic lessons? Poster presented at the annual meeting of the American College of Sports Medicine, Boston, MA.

Errisuriz, VL, Golaszewski, NM, Jowers, EM, & Bartholomew, JB (2016, March). Does the impact of physically active lessons on fourth grade student physical activity differ by gender, race, SES, or BMI? Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Errisuriz, VL, Korinek, EV, Jowers, EM, & Bartholomew, JB (2015, March). A snapshot of In-School Physical Activity among 4th Graders: Are Children Meeting Recommendations? Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

Errisuriz, VL & Bartholomew, JB (2014, May). Determinants of children's physical activity during physically-active academic lessons. Poster presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, San Diego, CA.

Errisuriz, VL, Champlin, SE, & Pasch, KE (2014, May). The relationship between sleep problems and dietary choices among college undergraduates. Poster presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, San Diego, CA.

Jowers, EM, **Errisuriz, VL** & Bartholomew, JB (2014, April). Evaluating the impact of a 10-week community based diabetes self-management course on health behaviors and clinical outcomes. Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

Errisuriz, VL, Golaszewski, NM, Pasch, KE, & Loukas, A (2013, May). Does body image satisfaction mediate the relationship between media use and perceived weight status? Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.

Errisuriz, VL, Golaszewski, NM, Loukas, A, & Pasch, KE (2013, May). Perceived race-based discrimination and health-related outcomes among first-year undergraduate students. Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.

Golaszewski, NM, **Errisuriz, VL**, & Pasch, KE (2013, May). Associations between perceived gender-based discrimination, substance use, sleep, and stress among young adults. Paper presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.

Golaszewski, NM, **Errisuriz, VL**, Latimer, LA, & Pasch, KE (2013, May). Do associations between Young adults' perceived weight-based discrimination and health-related outcomes differ by perceived body image and/or weight status? Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.

Errisuriz, VL, Korinek, E, & Pasch, KE (2012, May). The relationship between social norms and dietary choices among college undergraduates. Poster presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Austin, TX.

Errisuriz, VL & Pasch, KE (2012, March). Stress and dietary choices: The moderating role of stress management. Poster presented at the annual meeting of the American Academy of Health Behavior, Austin, TX.

Errisuriz, VL & Haskard-Zolnierok, K (2011, April). Enhancing motivation, self-efficacy, and response-efficacy through regulatory fit. Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.

PROFESSIONAL MEMBERSHIP

American College of Sports Medicine	2016
Society of Behavioral Medicine	2015 – Present
Society for Prevention Research	2013 – Present
Southwestern Psychological Association	2010 – 2011
National Scholar's Collegiate Society	2005 – Present

RESEARCH INTERESTS

Environmental influences of childhood, adolescent, and young adult obesity; barriers and facilitators of successful program implementation; obesity prevention; intervention optimization