

## curriculum vitae

# Brian K. Farr, M.A., LAT, ATC, CSCS

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### Education

The Ohio State University, Columbus, OH 1994-1996  
Master of Arts; Health, Physical Education, & Recreation

Syracuse University, Syracuse, NY 1994  
Graduate Coursework; Exercise Science

Michigan State University, East Lansing, MI 1989-1993  
Bachelor of Science; Physical Education & Exercise Science

### Employment

The University of Texas at Austin, Austin, TX 2002–present  
Department of Kinesiology and Health Education  
Director, Athletic Training Program  
Clinical Associate Professor 2018-present  
Senior Lecturer 2013–2018  
Lecturer 2002–2013

- Created and developed the athletic training program
- Led the program through initial and continued candidacy and accreditation
- Direct nationally accredited undergraduate athletic training program
- Teach undergraduate courses
- Advise undergraduate students
- Provide service to the university, community, and profession

The University of Texas at Austin, Austin, TX 1999-2002  
Department of Intercollegiate Athletics  
Head Athletic Trainer, Men's Basketball and Spirit Squads

- Provided healthcare to student-athletes

Coordinator, Athletic Training Internship Program

- Designed undergraduate athletic training curriculum
- Coordinated athletic training students' education and clinical experiences
- Provided professional and academic advising to undergraduate and graduate students

Instructor, Department of Kinesiology & Health Education

- Taught undergraduate athletic training course

Oklahoma State University, Stillwater, OK 1997-1999  
Assistant Coordinator of Sports Medicine  
Adjunct Clinical Assistant Professor, College of Education

- Head Athletic Trainer, Men's Basketball and Men's and Women's Tennis
- Assistant Athletic Trainer, Football
- Additional responsibilities included inventory management, coordinating insurance, supervising student and graduate assistant athletic trainers, and serving as the liaison between the athletic department and athletic training curriculum program staff and faculty.
- Course instructor in athletic training curriculum program
- Approved Clinical Instructor in athletic training curriculum program
- Coordinated educational in-services for both professional staff and students

Columbus Chill Hockey Club, Columbus, OH 1996-1997  
 Head Athletic Trainer & Strength and Conditioning Director for professional ice hockey team.

Scottish Claymores Football Club, Edinburgh, Scotland 1996  
 Assistant Athletic Trainer for World League of American Football (NFL Europe) professional football team.

## **Publications**

### Book Chapters:

Ankle Sprains. In Giangarra C, Manske R. et al: *Clinical Orthopedic Rehabilitation – A Team Approach*, 4<sup>th</sup> ed. Philadelphia, 2017, Elsevier, pp 255-272

Ankle Sprains. In Brotzman S, Manske R. et al: *Clinical Orthopedic Rehabilitation – An Evidence-Based Approach* 3<sup>rd</sup> ed, Philadelphia, 2011, Elsevier, pp 315-331.

### Refereed Journals:

Liu, T., Swank, A.M., Funk, D.C., Farr, B.K. (2007). Effects of Short-Term Application of Prophylactic Knee Brace on Balance for Athletes with Uninjured Knees. *Applied Research in Coaching and Athletics Annual*, 22, 77-96.

Craven C, Farr B, Liu T, Nigrini C, Funk D, Swank A (2004). The Temporal Efficacy of Ankle Taping Versus Brace on Restriction of Ankle Inversion Over an Extended Period of Activity. *Applied Research in Coaching and Athletics Annual*, 52-65.

Funk, D.C., Swank, A.M., Mikla, B., Fagen, T., Farr, B.K (2003). Impact of Prior Exercise on Hamstring Flexibility: A Comparison of PNF and Static Stretching Routines. *Journal of Strength & Conditioning Research*. 17(3):489-492.

## **Gifts & Grants:**

- 2009 Texas Physical Therapy Specialists and Fit for Work, Biodex System II, \$8,000
- 2004 Microlight Corporation of America, MicroLight 830 Laser Therapy Unit, \$5,000
- 2004 The University of Texas at Austin Vision Award, \$1,000 (co-recipient)

## **Honors & Awards**

- National Athletic Trainers' Association Most Distinguished Athletic Trainer, 2019  
 The Most Distinguished Athletic Trainer award recognizes NATA members who have demonstrated exceptional commitment to leadership, volunteer service, advocacy and distinguished professional activities as an athletic trainer. MDAT

exclusively recognizes NATA members who have been involved in service and leadership activities at the national and district level.

**Southwest Athletic Trainers' Association Most Distinguished Athletic Trainer, 2019**  
 The Most Distinguished Athletic Trainer award recognizes a member of District VI whose dedicated service, past achievements, and professional contributions have furthered the advancement of the SWATA and the athletic training profession.

**National Athletic Trainers' Association Athletic Trainer Service Award, 2016**  
 The Athletic Trainer Service award recognizes NATA members for their contributions to the athletic training profession as a volunteer at the local and state levels. ATSA recipients have been involved in professional associations, community organizations, grassroots public relations efforts and service as a volunteer athletic trainer.

**Department of Kinesiology and Health Education Teaching Excellence Award, 2012**  
 The Teaching Excellence Award honors outstanding faculty members who have dedicated abundant time and energy to developing excellence in teaching undergraduate and/or graduate students.

### **Teaching Appointments**

Clinical Associate Professor, Athletic Training 2018-present

Senior Lecturer, Athletic Training 2013-2018

Lecturer, Athletic Training 2002–2013

Department of Kinesiology and Health Education

The University of Texas at Austin

KIN 119 Conditioning

KIN 140 Practicum in Athletic Training

KIN 140M Advanced Manual Therapy Techniques

KIN 219K Introduction to Athletic Training

KIN 312 Care and Prevention of Athletic Injuries

KIN 341 Therapeutic Modalities in Athletic Training

KIN 342 Clinical Evaluation of Athletic Injuries – Lower Body

KIN 343 Clinical Evaluation of Athletic Injuries – Upper Body

KIN 344 Therapeutic Exercise and Rehabilitation – Lower Body

KIN 344U Therapeutic Exercise and Rehabilitation – Upper Body

KIN 345 Topics in Athletic Training – General Medical Conditions

KIN 346 Athletic Training Program Administration

CIS Scores for past three years:

<b>Semester / Course</b>	<b>Overall Instructor Rating</b>	<b>Overall Course Rating</b>
Sp '19 KIN 312	4.6	4.5
Sp '19 KIN 343	4.6	4.6
Sp '19 KIN 342	4.7	4.6
Fall '18 KIN 312	4.4	4.4
Fall '18 KIN 344	4.5	4.4
Fall '18 KIN 344U	4.4	4.4
Su '18 KIN 312	5.0	5.0
Sp '18 KIN 343	4.4	4.4
Sp '18 KIN 342	4.4	4.5
Sp '18 KIN 312	4.6	4.6
Fall '17 KIN 312	4.7	4.5
Fall '17 KIN 344	4.4	4.5

Fall '17 KIN 344U	4.5	4.5
Fall '17 KIN 140M	4.8	4.3
Su '17 KIN 312	4.4	4.1
Sp '17 KIN 343	4.6	4.5
Sp '17 KIN 342	4.6	4.4
Sp '17 KIN 312	4.7	4.4
Fa '16 KIN 312	4.6	4.5
Fa '16 KIN 344	4.5	4.5
Fa '16 KIN 344U	4.5	4.5
Three-year average	4.56	4.48

Instructor, Athletic Training 2001–2002  
 Department of Kinesiology and Health Education  
 The University of Texas at Austin  
 KIN 312 Care and Prevention of Athletic Injuries

Adjunct Clinical Assistant Professor, Athletic Training 1997-1999  
 School of Applied Health & Educational Psychology  
 Oklahoma State University  
 HLTH 2663 Care and Prevention of Athletic Injuries

Teaching Assistant, Athletic Training 1995–1996  
 School of Health, Physical Education & Recreation  
 The Ohio State University  
 PHYS ED 671 Advanced Athletic Training

Teaching and Lab Assistant, Human Anatomy 1993  
 Department of Physical Education & Exercise Science  
 Michigan State University  
 ANT 216 Applied Human Anatomy

### **Advising and Student Service:**

(a) Serve as primary academic advisor for students enrolled in the BS in Athletic Training/Athletic Training Program (ATP) (b) advise non-ATP majors interested in the strength and conditioning, physical therapy and sports medicine professions, (c) advise ATP majors on professional and personal matters, (d) conduct individual meetings with each student enrolled in the ATP twice per academic year, (e) conduct group meetings with students enrolled in the ATP at least twice per academic year, (f) conduct group orientation meetings with pre-athletic training major students monthly, (g) conduct individual meetings with pre-athletic training major students regularly, (h) assist students with securing internships and observation opportunities by writing letters of recommendation, reviewing application materials and resumes, contacting colleagues, etc. (e.g. NFL, NBA, MLB, physical therapy clinics) (i) assist students with entrance into graduate and professional schools (e.g. physical therapy, medical, physician assistant) by writing letters of recommendation, reviewing application materials and resumes, contacting colleagues, etc. (j) coordinate advising efforts with the College of Education and Department of Kinesiology and Health Education academic advisors, (k) advising the Longhorn Athletic Training Students' Association, (l) attending local and regional athletic training workshops and meetings to discuss the UT program and recruit potential students, (m) organize events on UT's campus to recruit potential students (i.e. High School Sunday, Longhorns Sports Medicine Camp, hosting high school student groups), (n) organize, and/or secure opportunities, for students to attend special events (e.g.

cadaver lab at Texas State University, surgeries at Austin Sports Medicine, concussion clinic at Dell Children's Hospital), (o) created an affiliation agreement with UTMB Galveston for non-competitive, direct admission of premier ATP students to UTMB's physical therapy program

## **Academic Committees & Service**

### University:

Member, Lab/Performance/Studio Task Force, 2020

Appointed to serve on a task force to establish guidelines for lab, performance and studio use after COVID-19 pandemic.

Affiliate, Center for Health Interprofessional Practice and Education, 2018-present

Invited to join IPE group whose purpose is to lead innovative interprofessional education, practice, and scholarship that advances collaborative person-centered healthcare and population-oriented health.

Faculty, Eyes on Teaching, 2017, 2018, 2019

Invited to allow UT faculty members to visit my classroom and observe my teaching. The campus-wide event provides an opportunity for faculty members to visit their colleagues in other classrooms and observe different teaching styles and learning environments.

Member, University Health Services Medical Fee Advisory Committee, 2006–2007

Attend monthly meetings to review UHS operations related to the medical fee structure and make recommendations to the Director of Student Health Services.

### College:

Member, College of Education Fall 2020 Planning Committee, 2020

Appointed to a committee to work with Directors, Chairs, and Deans to establish guidelines and policies on returning to campus following the COVID-19 pandemic.

Faculty, Education Council Student-Professor Luncheon, 2019

Meet with students from College of Education for an informal round-table discussion on various topics.

Member, College of Education SACS Committee, 2012-2018

Coordinate data collection, interpretation, and reporting for multiple undergraduate programs for university's SACS accreditation.

Member, College of Education Undergraduate Committee, 2015-2018

Attend meetings throughout the year to review and make recommendations regarding undergraduate degree programs offered by the College.

Second Reader, *A Comprehensive Investigation of the Job Satisfaction of Physical Therapists*. Plan II Honor's Student Thesis, 2012

Meet with Plan II (University Honors Program) student twice per semester to review his thesis and research project and make recommendations for progress, edits, and improvements.

Department:

Program Director, Department of Kinesiology and Health Education Athletic Training Program, 2002–present

(a) Direct the CAATE accredited undergraduate degree program in athletic training, (b) ensure, and maintain documentation of, ongoing compliance with Commission on Accreditation of Athletic Training Education (CAATE), National Athletic Trainers' Association (NATA), Board of Certification (BOC), and Texas Department of Licensing and Regulation (TDLR) standards and guidelines, (c) maintain and submit documentation for on-going CAATE accreditation, annual reports, and self-study process, (d) maintain and submit documentation for Southern Association of Colleges and Schools (SACS) accreditation process, (e) supervise administrative assistant, clinical education coordinator, and teaching assistant, (f) oversee program's budget, (g) secure and oversee clinical affiliate sites and staff, (h) provide training to clinical preceptors, (i) develop and revise the didactic and clinical education curriculum, (j) advise students on curricular, professional and personal matters (k) lead efforts to create and raise funds to endow the Christine M Bonci Excellence in Athletic Training Endowment and the Charlie "Doc" Craven Excellence Endowment.

Chair (2015–2018) and Member (2002–2015, 2018-present), Department of Kinesiology and Health Education Undergraduate Advisory Committee,

(a) Conduct monthly meetings, (b) serve on multiple ad-hoc committees (c) lead degree program audits and curricular revisions including major re-organization of the B.S. in Kinesiology and Health Education degrees, (d) review and make recommendations regarding undergraduate degree programs and courses prior to proposals moving to the Budget Council and/or college and university committees and/or Faculty Council, (e) assist with yearly Alderson lecture, (f) participate in scholarship nominations and selections, (g) advise department chair on undergraduate matters

Chair, Department of Kinesiology and Health Education Strategic Plan Undergraduate Degree Program Revision Committee, 2020-21

Lead efforts to revise the entirety of the department's undergraduate academic programs and curriculum. Recommend new degree areas and degree requirements. Envision new organizational structure and alignment for undergraduate degree programs.

Member, Department of Kinesiology and Health Education Rehabilitation and Movement Science Group, 2018-present

Attend monthly meetings to participate in review and improvement process of undergraduate and graduate programs in Rehabilitation and Movement Science. Serve as the liaison to the Undergraduate Advisory Committee.

Member, Department of Kinesiology and Health Education Hall of Honor Committee, 2020-present

Evaluate nominations for departmental Hall of Honor recognition and plan Hall of Honor recognition event.

Peer Teaching Evaluator, Department of Kinesiology and Health Education 2013-present

Evaluate faculty members' in-class teaching performance for promotion and tenure files.

Chair, Athletic Training Program Undergraduate Major Advisory Committee, 2002–present

(a) Review, and implement revisions as needed, to the existing Athletic Training Program curriculum, (b) ensure compliance with departmental, college, and university guidelines (c) coordinate course offerings and room assignments, (d) review, and implement changes as needed, to course content, offerings, descriptions, and prerequisites.

Chair, Athletic Training Program Self-Study Committee, 2002–present

Collect all data and documentation for annual report and self-study process and author annual and self-study reports for both initial accreditation and re-accreditation processes.

Chair, Athletic Training Program Admissions Committee, 2002–present

Develop the application packet and admissions requirements, review each application packet, and chair the selection committee.

Chair, Athletic Training Program Retention Committee, 2002–present

Develop the retention criteria for students to remain in the Athletic Training Program, collect data and documentation related to students' ability to meet the criteria, review each student's file, and chair the retention committee.

Director, Athletic Training Program High School Sunday, 2004–2020

(a) Organize and direct educational workshop for high school students interested in athletic training and the UT Athletic Training Program, (b) present information on the UT Athletic Training Program to students and parents, (c) coordinate workshop educational sessions, (d) organize professional CEU workshop for credentialed professionals

Director (2002-2008) and Co-Director (2008-present), Athletic Training Program Directed Observation/Pre-Athletic Training Student Program, 2002-present

(a) Establish and oversee admissions requirements, (b) develop educational competencies and clinical proficiencies, (c) conduct monthly orientation and information meetings and bi-weekly educational inservices, (d) organize the clinical rotation schedule, (e) ensure compliance with CAATE, NATA, BOC, and Texas Department of Licensing and Regulation standards and guidelines, (f) advise pre-athletic training students on curricular, professional, and personal matters

Advisor, Longhorn Athletic Training Students' Association, 2004–present

(a) Advise university recognized student group, (b) attend bi-weekly meetings, (c) meet with LATSA Executive Council to establish goals for the semester and year, (d) review budget and expenses, (e) oversee philanthropic and social activities, (f) manage annual Chasing Excellence 5K fundraiser, (g) led efforts to create and endow two excellence funds.

Co-Director and Co-Founder, Longhorns Sports Medicine Camp, 2002–present

(a) Direct an on-campus, overnight sports medicine camp for high school students, (b) establish camp curriculum, (c) teach both lecture and lab sessions, (d) supervise students and credentialed staff, (e) create camp educational manual.

- Director and Founder, Longhorns Lecture Series for Continuing Education, 2007-2020  
(a) Organize one to four educational workshops per year for credentialed healthcare professionals (b) secure facilities and speakers for events, (c) maintain records for professional continuing education units for attendees and national association, (d) obtained national recognition as an approved continuing education provider for credentialed athletic trainers
- Author, Athletic Training Program Alumni Newsletter, 2004–present  
Collect information on recent graduates, alumni, former staff and faculty and author the Athletic Training Program newsletter each summer.
- Peer Evaluator, Department of Kinesiology and Health Education, 2014, '15, '18, '19  
Review and evaluate promotion and tenure files for faculty members seeking promotion.
- Member, Department of Kinesiology and Health Education Management Team, 2015-2018  
(a) Advise Department of Kinesiology and Health Education Chair on critical issues facing the department, (b) review and make recommendations regarding departmental budget, operations, policies and procedures, and overall management (c) serve on multiple sub-committees and task forces, (d) participate in monthly meetings.
- Member, Department of Kinesiology and Health Education Exercise Science Group, 2003-2018  
Attend monthly meetings to participate in review and improvement process of undergraduate and graduate programs in Exercise Science. Serve as the liaison to the Undergraduate Advisory Committee.
- Chair, Athletic Training Program SACS Committee, 2002–2018  
Collect, interpret and report data on program's goals and objectives in regards to SACS accreditation. Design and implement changes to curriculum as needed to maintain SACS accreditation standards.
- Chair, Ad-Hoc Committee on Non-Tenure Track Faculty Appointments, 2018  
Chair committee tasked with creating policies and procedures for determining job titles and lengths of contracts for non-tenure track faculty.
- Member, Ad-Hoc Committee to review anatomy course, 2018  
Participate in a committee tasked with assessing the department's anatomy course. Conduct multiple focus group meetings and poll students to obtain feedback. Make recommendations for changes to course offering.
- Member, Ad-Hoc Committee for external review, 2018  
Obtain, review, and report data on undergraduate programs for the department's external review. Write the section on the undergraduate programs. Meet with site visitors as a representative of the Department's undergraduate programs.
- Member and Group Chair, Department of Kinesiology and Health Education Faculty Merit Review Committee, 2004–2020



(a) Review merit documents for both tenured/tenure track and non-tenure track faculty (b) make recommendations for merit rankings (c) initiate and participate in revisions to the non-tenure track reporting document, (d) act as chair for review groups on multiple occasions.

Chair (2013–2015) and Member (2008–2012), Department of Kinesiology and Health Education Departmental Review Committee, 2008-2015

Review all research proposals initiated by students, staff and faculty in the Department of Kinesiology and Health Education and make recommendations for revisions prior to submission to Internal Review Board.

Member, Comprehensive Examination and Dissertation Committee, 2013-‘14, ‘19-‘20  
Assess student’s performance on comprehensive examination and dissertation defense.

Co-Director and Co-Founder, Central Texas Sports Medicine Workshop, 2004-2007  
Organize annual sports medicine workshop for both students and credentialed healthcare professionals and secure sponsors for the event.

#### External

Member, Ascension Seton – Dell Systems Sports Performance Committee 2019  
Invited to assist with the development of a sports performance and sports medicine network for the greater Austin area.

External Referee, Indiana University School of Public Health 2019  
Invited external reviewer for faculty tenure and promotion file.

Mentor, American Corporate Partners 2014-2018  
Provide year-long mentoring to retired or retiring veterans beginning or completing their college education as they transition to civilian life.

### **Professional Committees & Service**

#### National:

Member, National Athletic Trainers’ Association Comprehensive Internationalization Self-study Task Force, 2019-present  
Appointed to task force to provide leadership, direction, research and an actionable plan to help NATA become an internationally strategic partner in the fields of athletic training and sports medicine.

Member, National Athletic Trainers’ Association International Conference Group, 2019-present  
Appointed to the committee charged with developing recommendations for athletic training education opportunities at the international level.

Member, Board of Certification Specialty Certification Council, 2018-present  
Appointed as a founding member of the Council. The SCC is responsible for establishing and overseeing specializations and specialty certifications for credentialed athletic trainers. Council members: (a) identify and guide the development of athletic training specialty certifications; (b) validate the existence and demand for a specialty and its respective certification examination; (c) work

with strategic partners to determine the value and impact of specialties and specialty certifications; (d) establish standards for eligibility, maintenance, and continuing education requirements for specialty certification; (e) advocate for athletic training specialties and specialty certifications; and (f) communicate interests and concerns regarding specialty areas and specialty certifications to the BOC Board of Directors. Participate in monthly conference calls and two face to face meetings per year.

District 6 Representative, National Athletic Trainers' Association Executive Committee on Education, 2016-2020

Appointed to the committee by District Director. The NATA ECE (a) oversees matters related to athletic training education at the national level; (b) facilitates quality professional and post-professional education; (c) coordinates the delivery of educational programming for the profession; (d) maintains a dialogue with its liaisons on accreditation and certification matters affecting athletic training education; (e) informs and assists the profession in setting the direction for athletic training education; and (f) proactively influences best educational practices. Actively participate in monthly conference calls and two in-person meetings per year. Serve on multiple sub-committees and work groups.

Member, National Athletic Trainers' Association, Board of Athletic Training Specialties Taskforce, 2016-2018

Appointed as a task force member to create the BATS, now the Specialty Certification Council. Actively participate in monthly conference calls and a number of in-person meetings. Assist with the creation of the Board/Council and its policies and procedures, petitioner's guide, and development of the first specialty area in orthopedics.

Exam Item Writer and Reviewer, Board of Certification Exam Development Committee, 2011-present

The BOC examination is the national credentialing examination for athletic trainers. Write questions for BOC national examination and other BOC initiatives. Review questions submitted by item writers and revise the questions or decide if the question is approved or rejected to move forward. Attend BOC EDC meetings to help develop the examination.

Site Visitor, Commission on Accreditation of Athletic Training Education, 2013-present

Review athletic training programs' self-study reports and conduct on-campus site visits to ensure compliance with national standards for accredited athletic training programs.

Reviewer, Board of Certification Home Study Continuing Education Program, 2001-2015

Review home study programs for worthiness to be used as continuing education units for credentialed athletic trainers.

Reviewer, National Athletic Trainers' Association Convention Program Committee, 2009-2014

Review proposals from speakers interested in presenting at the NATA Symposia. Make recommendations on which topics to consider for the educational program.

Session Moderator, National Athletic Trainers' Association Annual Meeting and Clinical Symposia, 2009

Introduce speaker(s), maintain timing of event, and research topic to facilitate questions and active discussion.

Invited Reviewer:

Chandler TJ, Brown LE. *Conditioning and Strength for Human Performance*, Philadelphia, 2008, Lippincott Williams & Wilkins.

Miller MG, Berry DC, *Emergency Trauma Management for Athletic Trainers*, Philadelphia, 2007, Wolters Kluwer Health.

Knight KL, Draper DO. *Therapeutic Modalities, The Art and Science*, Philadelphia, 2007, Lippincott Williams & Wilkins.

Regional/District:

Member, Southwest Athletic Trainers' Association Most Distinguished Athletic Trainer Selection Committee, 2021-present

Evaluate nominations for SWATA MDAT Award.

Board Member, Southwest Athletic Trainers' Association Executive Board, 2014-2016

The Board oversees all matters related to the operations of District 6 of the NATA. Initiated efforts, advised, participated and voted on matters such as by-law changes, education programming, committee activities, financing, and day to day and long-term operations of the district association. Contributed to strategic plan for association. Advised the SWATA President and District Director on professional issues.

Member, Southwest Athletic Trainers' Association Annual Symposium Education Program Planning Committee, 2014 – 2018

Assisted with the development of educational topics and sessions for annual symposium, secured guest speakers, served as a session speaker, and served as a moderator.

Member, Southwest Athletic Trainers' Association Public Relations Committee 2007-10

Authored articles for district newsletter, initiated an award to recognize athletic trainers from the district that were involved with life-saving efforts, initiated and supported efforts to enhance National Athletic Trainers' Month activities in the district, initiated efforts to support proper professional terminology within the district.

Session Moderator, Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, 2014, 2015, 2017, 2018

Introduce speaker(s), maintain timing of event, and research topic to facilitate questions and active discussion.

Exam Item Writer, Southwest Athletic Trainers' Association Student Quiz Bowl, 2013

Wrote items for student quiz bowl competition.

Member, Southwest Athletic Trainers' Association Student Research & Education Committee 2006-09

Reviewed research and poster presentations during SWATA symposium, promoted and garnered support for student research activities and initiatives in the district.

State/Local:

Member, Texas State Athletic Trainers' Association's Apprentice Program Endorsement Committee, 2020-present

Appointed to the committee to create guidelines for, and oversee, athletic training apprentice programs to be endorsed by the TSATA.

Member, Texas State Athletic Trainers' Association Task Force on State Licensure Reform, 2016-present

Appointed to the task force by the TSATA's Board of Directors. Contributed to revisions of the current state practice act and educational requirements for Texas licensed athletic trainers. The revisions will be reviewed by the Texas legislature and Texas Department of Licensing and Regulation. Participate in multiple conference calls and in-person meetings.

Secretary-Treasurer, Texas State Athletic Trainers' Association Board of Directors, 2011-2015

The TSATA is the state's professional association for athletic trainers. Developed a balanced budget, maintained budget records, and oversaw financial activities for the TSATA. Coordinated efforts to raise funds for the NATA's Governmental Affairs Committee's matching grant initiative. Initiated budget lines for student scholarships and sponsorship of student travel to professional and legislative events. Secured funding from district for state student membership dues to support initiatives geared towards students. Initiated and oversaw overhaul to the association's website.

Director, Texas State Athletic Trainers' Association - Region 8, 2010-2016

Actively involved with activities such as (a) assisting with the development, submission and passing of HB 2038 (state's concussion law); (b) supporting the interests of athletic trainers in Texas; (c) assisting the Association with defending Texas licensed athletic trainers scope of practice when challenged by another medical profession; (d) assisting with the development of the Texas Concussion Consortium with other local and state agencies, (e) contributing to the day to day and long-term operations of the Association; and (f) contributing to the Association's oversight of licensed athletic trainers in Texas.

Texas State Representative, NATA State Association Advisory Committee, 2011-2016

Serve as liaison between NATA's SAAC and the Texas State Athletic Trainers' Association, attended state leaders' forums, shared information and garnered support for NATA initiatives from TSATA Board of Directors and individual athletic trainers in Texas.

Texas State Representative, SWATA Executive Board, 2014 – 2016

Elected by Texas State Athletic Trainers' Association Board of Directors to serve on SWATA's Executive Board. Serve as liaison between SWATA Board and TSATA Board.

Member, Texas State Athletic Trainers' Association Budget Committee, 2010-11, 2015

Make recommendations regarding establishing and maintaining the state association's budget to the Secretary-Treasurer.

Member, Texas State Athletic Trainers' Association Website Committee, 2010-11  
Assist with the development of the Association's website.

Medical Consultant and Athletic Trainer, Texas USA Wrestling, 2006-2015  
Provide general medical recommendations to the state's youth wrestling association and secure medical coverage for events.

### **Invited Conference Presentations**

1. National Athletic Trainers' Association Clinical Symposia, June 2020. *Advanced Track Session Manual Therapy Techniques for the Management of Ankle Sprains*, (Conference Cancelled).
2. Concussion Health Summit, September 2019. *Exertional Testing and Beyond*.
3. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2019. *Creating Athletic Training Specialties and Specialty Certifications*
4. National Athletic Trainers' Association Annual Symposia and AT Expo, June 2019. *Improving Shoulder Range of Motion: Instrument-Assisted Soft Tissue Mobilization Techniques for Increasing Functional Ability* (hands-on lab instructor).
5. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference, January 2019. *Managing Cervical Spine Injured Athletes – Updated Recommendations*.
6. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2017. *Manual Therapy Techniques for Treating Ankle Sprains*.
7. Texas Chapter of the American Council on Sports Medicine, March 2018. *Sports Medicine Panel Discussion*.
8. Texas Chapter of the American Council on Sports Medicine, March 2018. *Shoulder Assessment Techniques*.
9. Dell Children's Medical Center Annual Concussion Conference, April 2015. *On-field Management of Concussions – Best Practices*.
10. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference, January 2015. *Manual Therapy Techniques for Treating Ankle Sprains*.
11. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2014. *Airway Management Techniques for the Athletic Trainer*.
12. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference, January 2014. *Tendonopathy – What do we really know about it? An update*.
13. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference, January 2013. *The Evidence Behind Topical Analgesics*.
14. Longhorns' Lecture Series for Continuing Education, July 2012. *Management of Critically Injured Athletes – Working with EMS*.
15. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference, January 2012. *Tendonopathy – What do we really know about it?*
16. Longhorns' Lecture Series for Continuing Education, November 2011. *Best Practices for the Assessment and Management of Concussions*.
17. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2011. *Manual Therapy Techniques for the Upper Extremity*
18. UT Health Science Center at San Antonio 37<sup>th</sup> Annual Sports Medicine Symposium, February 2010, *Manual Therapy Techniques for Treating Ankle Sprains*
19. Texas Private School Coaches Association State Convention, June 2009, *Concussions in Sports*
20. Central Texas Sports Medicine Workshop, January 2007, *Anatomy of the Shoulder*

21. Central Texas Sports Medicine Workshop, January 2006, *Sports Related Head Injuries*
22. Central Texas Sports Medicine Workshop, November 2004, *Assessment of Injuries to the Ankle and Lower Leg.*
23. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2004. *Concussion Assessment & Return to Play Criteria*
24. Southwest Regional College & University Sports Medicine Meeting, May 2004. *Athletic Training Academic Update*
25. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2003. *Heat Related Illnesses*
26. East Texas Sports Medicine Seminar, 2002. *Current Trends in Bracing*
27. Ohio Athletic Trainers' Association State Meeting, 1996. *Injuries in Professional Ice Hockey.*
28. Ohio High School Coaches' Association Sports Medicine Seminar, 1995. *Dealing with Injuries in High School Athletics*
29. Ohio High School Coaches' Association Sports Medicine Seminar, 1994. *Dealing with Injuries in High School Athletics*

### **Invited Presentations**

1. Travis County EMS Tactical Medics, August 2014. *Sports Injuries and the Tactical Operator.*
2. Central Texas American Youth Football Coaches Education, August 2013. *Concussions and Exertional Heat Illness in Youth Football.*
3. College of Education Promotion and Tenure Committee, February 2013. *Promotion to Senior Lecturer.*
4. Pflugerville Area Youth Soccer League, September 2012. *Concussions in Youth Soccer.*
5. Heritage Youth and Family Services, September 2012. *Athletic Training and Sports Medicine.*
6. Texas Women's University, Department of Physical Therapy May 2010, *Injury Taping Techniques*
7. University of Mary Hardin-Baylor CEU Workshop, April 2009, *Manual Therapy Techniques for the Knee*
8. University of Mary Hardin-Baylor CEU Workshop, April 2008, *Manual Therapy Techniques for Treating Ankle Sprains*
9. KIN 310 – Physiological Basis of Conditioning, May 2004. *Prevention and Rehabilitation of Exercise Related Injuries.*
10. University of Texas at Austin Naval ROTC, March 2004. *Preventing and Treating PT Related Injuries.*
11. UT Systems "Lunch & Learn" Series, October 2003. *Treating Sports Related Injuries*
12. Massage Therapy Institute of Oklahoma, 1998, *Musculoskeletal Injuries in Sports*
13. Ohio High School Coaches' Association Sports Medicine Seminar, 1995. *Dealing with Injuries in High School Athletics*
14. Garfield County School District Coaches' Clinic, 1995. *Dealing with Injuries in High School Athletics*

### **Professional Credentialing**

Board of Certification - Certified Athletic Trainer (ATC) 1994-present  
 Texas Dept. of Licensing and Regulation - Licensed Athletic Trainer (LAT) 2015-present  
 Texas Dept. of State Health Services - Licensed Athletic Trainer (LAT) 2000-2015  
 National Strength & Conditioning Association - Certified Strength & Conditioning Specialist (CSCS) 1999-present

Oklahoma Medical Board – Licensed Athletic Trainer (LAT) 1997-2000  
Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board - Licensed  
Athletic Trainer (LAT) 1994-98

### **Certifications/CAQs**

American Heart Association CPR Certified, Current  
American Heart Association AED Certified, Current  
Functional Movement Systems, Selective Functional Movement Assessment 2020  
Functional Movement Systems, Functional Movement Screen 2020  
Functional Movement Systems, Y-Balance Screen 2020  
Institute for Athlete Regeneration, Sports Manual Therapy Certificate 2018  
HawkGrips Level I and Level II IASTM 2017  
Graston Technique M1 Basic 2013

### **Professional Memberships**

National Athletic Trainers' Association  
National Strength and Conditioning Association  
American College of Sports Medicine  
National Academy of Sports Medicine  
Southwest Athletic Trainers' Association  
Texas State Athletic Trainers' Association  
Central Texas Athletic Trainers' Society

### **Professional Clinical Experience**

U.S.A. Volleyball Men's Paralympic Team, Edmond, OK. 2020  
Selected by USA Sitting Volleyball Program to serve as the athletic trainer for Team  
USA Paralympic Sitting Volleyball during the Tokyo 2020 Men's Final Paralympic  
Qualification Tournament.

ParaPan-American Games, Lima, Peru. 2019  
Selected by the USOC Sports Medicine Program and USA Sitting Volleyball Program to  
serve as the athletic trainer for Team USA Paralympic Sitting Volleyball during the  
ParaPan-American Games

U.S.A. Volleyball Men's Paralympic Team, Berlin, Germany, 2019  
Selected by USA Sitting Volleyball Program to serve as the athletic trainer for Team  
USA Paralympic Sitting Volleyball during competitions versus Team Germany.

U.S.A. Volleyball Men's Paralympic Team, Tabriz, Iran 2018  
Selected by USA Sitting Volleyball Program to serve as the athletic trainer for Team  
USA Paralympic Sitting Volleyball during the Super 6 World Tournament.

U.S.A. Volleyball Men's Paralympic Team, 2015-2021  
Selected by USA Sitting Volleyball to serve as an athletic trainer for the USA National  
Team and Developmental (A2) Team during US Open Tournaments and training camps.

The University of Texas Department of Intercollegiate Athletics, Austin, TX 2013-2016  
Assisted Division of Sports Medicine and Athletic Training's medical staff with game  
day field observation and concussion monitoring at home football games.

U.S.A. Volleyball Men's Paralympic Team, Cairo, Egypt. 2012  
Selected by USA Sitting Volleyball and the USOC Sports Medicine Program to serve as the athletic trainer for Team USA Paralympic Sitting Volleyball during WOVD Intercontinental Cup

ParaPan-American Games, Guadalajara, Mexico. 2011  
Selected by the USOC Sports Medicine Program to serve as the athletic trainer for USA Sitting Volleyball Paralympic Team during the ParaPan-American Games

U.S. Olympic Training Center, Colorado Springs, CO. 2007  
Athletic trainer with the USOC Sport Performance and Sports Medicine Volunteer Program

U.S. Olympic Training Center, Lake Placid, NY. 1996  
Athletic training fellowship  
U.S.A. Field Hockey Men's National Team, Lucknow, India. 1996  
Selected by USA Field Hockey and the USOC Sports Medicine Program to serve as the athletic trainer for Team USA Field Hockey for Indira Gandhi International Tournament

The Ohio State University, Columbus, OH. 1994 – 1996  
Graduate assistant athletic trainer for football, ice hockey, and track & field. Supervisor of athletic training room supporting eight intercollegiate athletic teams. Teaching assistant for PHYS ED 671 Advanced Athletic Training

Mechanicsburg High School, Mechanicsburg, OH. 1994 – 1995  
Head football athletic trainer (volunteer)

Syracuse University, Syracuse, NY. 1994  
Graduate assistant athletic trainer  
Detroit Lions Football Team, Pontiac, MI. 1993  
Intern athletic trainer

Michigan State University, East Lansing, MI. 1989 – 1993  
Athletic training student for football, ice hockey, soccer, wrestling, and swimming and diving

### **Continuing Education**

1. Functional Movement Systems, Selective Functional Movement Assessment, 2020
2. Functional Movement Systems, Functional Movement Screen, 2020
3. Functional Movement Systems, Y-Balance Screen, 2020
4. Manual Therapies for Chronic Ankle Instability: An Update on the Evidence, 2020
5. Concussion Health Summit, 2019
6. S.W.A.T.A. Clinical Symposium, 2019
7. N.A.T.A. Annual Meeting and Clinical Symposia, 2019
8. Fascial Distortion Model, 2019
9. Institute for Athlete Regeneration Sports Manual Therapy Certification, 2019
10. CAATE Accreditation Conference, 2018
11. S.W.A.T.A. Clinical Symposium, 2018
12. N.A.T.A. Annual Meeting and Clinical Symposia, 2018
13. Reflexive Pattern Therapy - Dry Needling, 2018
14. S.W.A.T.A. Clinical Symposium, 2017



15. N.A.T.A. Annual Meeting and Clinical Symposia, 2017
16. Evidence Based Practice in the Management of Sport Related Concussion 2017
17. HawkGrips Instrument Assisted Soft Tissue Manipulation Level I and Level II 2017
18. N.A.T.A. Education Council Educators' Conference, 2017
19. Fascial Distortion Model, 2016
20. Myofascial Decompression/Cupping, 2016
21. S.W.A.T.A. Clinical Symposium, 2016
22. N.A.T.A. Annual Meeting and Clinical Symposia, 2016
23. Positional Release Therapy, 2016
24. CAATE Accreditation Conference, 2015
25. S.W.A.T.A. Clinical Symposium, 2015
26. N.A.T.A. Annual Meeting and Clinical Symposia, 2015
27. Movement System Impairment Syndromes of the Lumbar Spine and Hip: Interactions and Evidence, 2015
28. Dell Children's Medical Center Annual Concussion Conference, 2015
29. Spinal Manipulation, 2015
30. Rod Walters' Athletic Training Educational Seminar, 2015
31. Spinal Manipulation, 2014
32. N.A.T.A. Annual Meeting and Clinical Symposia, 2014
33. Dynamic Neuromuscular Stabilization: Its role in sports rehabilitation and athletic performance, 2014
34. CAATE Administrators Workshop, 2014
35. S.W.A.T.A. Clinical Symposium, 2014
36. Baylor Institute for Rehabilitation, Evidence Based Practice in Sports Medicine: Tools for Clinical Application, 2014
37. Current and Future Directions of Sport Concussion Management, 2014
38. N.A.T.A. Annual Meeting and Clinical Symposia, 2013
39. N.A.T.A. Education Council Educators' Conference, 2013
40. S.W.A.T.A. Clinical Symposium, 2013
41. Nutritional Considerations for the High School Aged Athlete, 2013
42. A New View of Injuries: The Use of Diagnostic Ultrasound for Athletic Trainers, 2013
43. 3M Sports Casting Workshop, 2013
44. Graston Technique M1 Training 2013
45. N.A.T.A. Annual Meeting and Clinical Symposia, 2012
46. S.W.A.T.A. Clinical Symposium, 2012
47. Sudden Death in the Athlete, 2012
48. Concussion Management and HB 2038, 2012
49. Sports Vision Enhancement, 2012
50. N.A.T.A. Annual Meeting and Clinical Symposia, 2011
51. N.A.T.A. Education Council Educators' Conference, 2011
52. S.W.A.T.A. Clinical Symposium, 2011
53. Effective Assessment and Management of Concussions, 2011
54. Enhancing Treatment Outcomes with Therapeutic Modalities, 2010
55. N.A.T.A. Annual Meeting and Clinical Symposia, 2010
56. Differential Diagnosis and Treatment of the Hip, 2010
57. General Medical Conditions – Does this athlete need to see a physician? 2010
58. S.W.A.T.A. Clinical Symposium, 2010

59. N.A.T.A. Annual Meeting and Clinical Symposia, 2009
60. Assessment and Treatment of the Sacro Iliac Joint, 2009
61. S.W.A.T.A. Clinical Symposium, 2009
62. N.A.T.A. Education Council Educators' Conference, 2009
63. Central Texas Athletic Trainers' Society Annual Meeting, 2009
64. University of Mary Hardin-Baylor Athletic Training Workshop, 2009
65. N.A.T.A. Annual Meeting and Clinical Symposia, 2008
66. Low Back Pain: Combining Structural and Functional Approaches for Optimal Outcomes, 2008
67. S.W.A.T.A. Clinical Symposium, 2008
68. Central Texas Athletic Trainers' Society Annual Meeting, 2008
69. S.W.A.T.A. Clinical Symposium, 2007
70. N.A.T.A. Annual Meeting and Clinical Symposia, 2007
71. N.A.T.A. Education Council Educators' Conference, 2007
72. Central Texas Athletic Trainers Sports Medicine Workshop 2007
73. S.W.A.T.A. Clinical Symposium, 2006
74. Neural Tension and Mobility: Evaluation and Treatment, 2006
75. N.A.T.A. Annual Meeting and Clinical Symposia, 2006
76. Muscle Energy Techniques for the Sacroiliac Joint, 2006
77. Effective Examination and Treatment of Common Shoulder Injuries, 2006
78. Techniques of Evaluation & Manual Therapy for the Spine – Level II, 2006
79. N.A.T.A. Annual Meeting and Clinical Symposia, 2005
80. Proprioceptive Neuromuscular Facilitation, 2005
81. Techniques of Evaluation & Manual Therapy for the Spine – Level I, 2005
82. N.A.T.A. Education Council Educators' Conference, 2005
83. S.W.A.T.A. Clinical Symposium, 2004
84. N.A.T.A. Annual Meeting and Clinical Symposia, 2004
85. N.A.T.A. Clinical Instructor Educator Seminar, 2004
86. Myofascial Release: State of the Art Tissue Mobilization, 2004
87. College & University Sports Medicine Meeting, 2004
88. N.A.T.A. Annual Meeting and Clinical Symposia, 2003
89. Joint Mobilization Techniques, 2003
90. S.W.A.T.A. Clinical Symposium, 2003
91. Big XII Medical Aspects of Sport, 2003
92. N.A.T.A. Education Council Educators' Conference, 2003
93. Approved Clinical Instructor Workshop, 2002
94. N.A.T.A. Annual Meeting and Clinical Symposia, 2002
95. Big XII Medical Aspects of Sport, 2002
96. Sports Flexibility Seminar, 2001
97. N.A.T.A. Annual Meeting and Clinical Symposia, 2001
98. Muscle Energy Techniques, 2001
99. Big XII Medical Aspects of Sport, 2001
100. S.W.A.T.A. Clinical Symposium, 2000
101. N.A.T.A. Annual Meeting and Clinical Symposia, 2000
102. Movement Impairment Syndromes, 2000
103. Big XII Medical Aspects of Sport, 2000
104. JRC-AT Entry-Level Developmental Workshop, 2000

105. N.A.T.A. Annual Meeting and Clinical Symposia, 1999
106. Current Concepts of Electrical Stimulation, 1999
107. Big XII Medical Aspects of Sport, 1999
108. N.A.T.A. Annual Meeting and Clinical Symposia, 1998
109. Big XII Medical Aspects of Sport, 1998
110. N.A.T.A. Annual Meeting and Clinical Symposia, 1997
111. Big XII Medical Aspects of Sport, 1997
112. Current Concepts in Sports Medicine, 1996
113. N.A.T.A. Annual Meeting and Clinical Symposia, 1995
114. Ohio State University Sports Medicine Center Workshop, 1995
115. N.A.T.A. Annual Meeting and Clinical Symposia, 1994
116. G.L.A.T.A. Clinical Symposium, 1994
117. Ohio State University Sports Medicine Center Workshop, 1994
118. N.A.T.A. Annual Meeting and Clinical Symposia, 1993
119. N.A.T.A. Annual Meeting and Clinical Symposia, 1992